



# Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

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## How Much Time Should Young Children Spend Using Social Media?

The American Academy of Pediatrics has released its latest recommendations and launched an online tool that family members can use. The interactive tool lets you set guidelines for each child, with suggested items based on the AAP's age-specific recommendations and space to add or substitute your own rules. Here's where to learn more

<http://www.npr.org/sections/health-shots/2016/10/21/498706789/no-snapchat-in-the-bedroom-an-online-tool-to-manage-kids-media-use> and here's where to access the tool in English and Spanish.

<https://www.healthychildren.org/English/media/Pages/default.aspx#planview> (English)

<https://www.healthychildren.org/spanish/media/paginas/default.aspx#planview> (Spanish)

## Let's Talk, Read, and Sing about STEM! (aka Science, Technology, Engineering, and Math)

Two federal agencies and [Too Small to Fail](#) have created a set of early STEM resources for families and educators of young children entitled *Let's Talk, Read and Sing about STEM!* These tip sheets provide fun, concrete resources and recommendations for families, caregivers, and infant, toddler, and preschool educators on easy ways to incorporate STEM concepts and vocabulary into everyday routines, and suggestions for activities to engage young children in STEM learning.

### Tips for Families with Young Children

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/stem-toolkit-families.pdf> (English)

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/stem-toolkit-families-es.pdf> (Spanish)

### Tips for Infant/Toddler Teachers & Providers

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/stem-toolkit-infant-toddler-teachers.pdf> (English)

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/stem-toolkit-infant-toddler-teachers-es.pdf> (Spanish)

### Tips for Preschool Teachers & Providers

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/stem-toolkit-preschool-teachers.pdf> (English)

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/stem-toolkit-preschool-teachers-es.pdf> (Spanish)

## How Do Parents' Cultural Values Affect Their Babies' Temperament?

For the past five years, Professor Maria Gartstein has compared the behavior of babies from around the globe to learn how parents' values and expectations influence the development of their toddlers' behavior and overall temperament. A greater understanding of these values and their impact on temperament development will help psychologists devise fine-tuned approaches to prevent infant temperament issues from becoming behavioral problems later in life. Read more at

<https://cas.wsu.edu/connect/november-2016/global-toddler-temperament/>

## How Do Children Hear Anger?

Even if they don't understand the words, infants react to the way their mother speaks and the emotions conveyed through speech. What exactly they react to, and how, has yet to be fully deciphered, but could have significant impact on a child's development. Researchers in acoustics and psychology teamed up to better define and study this impact. Read what they learned at <http://www.newswise.com/articles/how-do-children-hear-anger>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features high quality, readily available, and free resources. [Resources in Spanish are highlighted](#). To join the listserv, send an email **with no message** to

[subscribe-babytalk@listserv.unc.edu](mailto:subscribe-babytalk@listserv.unc.edu) Past issues are archived at <http://fpg.unc.edu/resources/baby-talk-archive>

To suggest resources, please contact Camille Catlett at [camille.catlett@unc.edu](mailto:camille.catlett@unc.edu)