

Julie M. Austen, Ph.D.

Licensed Psychologist | Health Service Provider – Psychologist
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EDUCATION

PhD in Health Psychology (APA Accredited Program)

Specialization in Pediatric School Psychology

East Carolina University

Predoctoral Internship (APA Accredited): Illinois School Psychology Internship Consortium, Medical Track

Post-Doctoral Training: Primary Care Psychology

Rural Health Group Family Medicine & Women's Health Clinic

M.A. in School Psychology

Certificate of Specialization in School Psychology

East Carolina University

B. A. in Psychology

Chatham University, Chatham College for Women

Magna Cum Laude, Honors in Psychology

APPLIED IMPLEMENTATION SUPPORT, TECHNICAL ASSISTANCE AND CONSULTING

2019 – Present, **Consultant**,

Evaluation and capacity building support provided to state child abuse prevention board for Triple P scale up; Evaluation and technical assistance provided to statewide intermediary organization for integrated care clinical capacity building.

2018 – Present, **Implementation Specialist**, The IMPACT Center at Frank Porter Graham Child Development Institute at University of North Carolina at Chapel Hill. Serving as a project area leader on funded implementation science projects primarily to leadership and teams within community organizations and coalitions. Projects involve close collaboration with state agency and funding partners in North Carolina and South Carolina. Delivering a range of direct implementation supports to community prevention coalitions and child and family-serving agencies to support their effective implementation and scaling of evidence-based prevention and intervention programs; Assisting with the development of implementation tools, measures, and other resources that may be useful to community and state partners; and engaging in implementation research and evaluation.

2017 – 2019 **Subject Matter Expert and Consultant**, The National Council for Behavioral Health's SAMHSA/HRSA Center for Integrated Health Solutions (CIHS). Provided interagency adult learning on active implementation principles and applications. Served as subject matter expert in pediatric integrated care program development for HRSA PCBHI grant recipients via the Training and Technical Assistance Center.

CLINICAL AND COMMUNITY EXPERIENCE

2017 – Present, **Owner, Carolina Converge**. Independent practice with the mission of serving rural people with marginalized identities. Providing supervision to students and consultation to professionals wishing to gain competence in working with people along the gender spectrum.

2016 - 2018 **Integrated Behavioral Health Consultant and Clinical Trainer**, Piedmont Health Service

- Provided integrated primary care behavioral health consultation (PCBH Model) to adults and children in the areas of: treatment engagement, health-related concerns (e.g., insomnia, chronic pain, smoking cessation, and healthy weight practices), mental health concerns (mild anxiety and depression), and substance use, developmental concerns, parenting.

- Developed critical elements of integrated behavioral health programming including continuous quality improvement processes, newsletters, professional and medical staff training, organization wide policies, electronic medical record processes, clinical workflows, system-wide policy and procedures, and data-based patient decision-making processes related to access, reach and billing.
- Developed integrated behavioral health training program, including practice profiles, coaching delivery system, recruitment and selection strategies, and employee onboarding training procedure consistent with competencies for providers practicing within PCBH Model of integrated care. Provided in-vivo supervision and coaching to new employees, behavioral health interns and medical students
- Provided adult learning to medical and behavioral health trainees and providers.
- Made major contributions to development of a Medication Assisted Treatment Program for opiate-based substance use disorders
- Provided expertise to LGBT Learning Collaborative and participated in Project ECHO for Transgender Health initiative
- Served as Behavioral Health Team representative on Controlled Substance Committee and Pediatrics committee

2014 - 2016 **Behavioral Health Specialist, Rural Health Group Family Medicine**

- Provided integrated behavioral health assessment and intervention to adults and children in the areas of: treatment adherence, health-related concerns (e.g., insomnia, chronic pain, smoking cessation, and healthy weight practices), mental health concerns (mild anxiety and depression), and substance use.
- Provided sexual and gender diversity expertise to HIV/PrEP Clinics and Women’s Health Clinics.
- Provided consultation on gender diversity competency to providers of gender diverse patients.
- Initiated and collaborated on successful \$1.25M Kate B. Reynolds grant for behavioral health service expansion in school-based health centers.
- Developed relationships with administration of community organizations to coordinate care for patients with severe and persistent mental illness
- Contributed to integrated care process including continuous quality improvement, EMR note template design, clinical workflow and same day-same time schedule adaptations, and maintenance of team care and flow amidst frequently changing teams.

SELECT PREDOCTORAL EXPERIENCE

Behavioral Medicine Rotation, OSF St. James’s Medical Group- Family Medicine

- Co-created integrated behavioral health rotation which has now become full track for internship.
- Provided integrated primary care behavioral health services to rural patients.
- Initiated and delivered systems level consultation on integrated health care to hospital system.

Leadership Rotation, Livingston County Children’s Network- Leadership Team

- Participated in rural county-wide coalition to improve trauma-informed cross-sector services to improve access and early intervention for children services in large rural county.
- Developed skills in implementation of multi-tiered systems interventions used to increase capacity, accessibility and coordination of systems of care.
- Developed skills in systemic interventions for children & families using Triple P
- County-wide effort resulted in decreasing rates of risk behaviors and frequency & severity of mental disorders.
- Contributed to Mental Health, Hospital, School and Outcome Evaluation Work Groups

Student/Residents Experiences & Rotations in Community Health (SEARCH) Fellowship, HRSA Fellowship

- Developed skills in trans-interdisciplinary healthcare collaboration through developing a outreach program.
- Created and deployed a health-based outreach program for patients with diabetes in a rural community clinic as part of a team.

Behavioral Medicine Practicum, Brody School of Medicine: HIV/AIDS Clinic

- Co-created practicum based on integrated behavioral health model.

- Developed team-based skills by serving multidisciplinary intake team as behavioral health consultant.
- Developed competency in short-term treatment for medical adherence, sexual health education, substance abuse, and HIV/AIDS related issues.

Research Assistant, Women's Health Laboratory, East Carolina University

- Conducted literature reviews, cleaned and analyzed qualitative data, and contributed on manuscripts for studies related to sexual risk-taking behavior

Site Coordinator/Research Assistant, Phase One Informed Consent Project, Children's Hospital of Pittsburgh of UPMC

- Managed the needs of the site including IRB modifications, conducted clinical interviews of patients (and their families). Coded qualitative data from interviews. Supervised three lab members

Research Associate, Pitt/CMU Adult Cold Study, Carnegie Mellon University

PI: Sheldon Cohen, Ph.D.

- Recruited and interviewed participants, tested participants in stress reactivity labs, cleaned heart rate data, daily phone data collection and general lab organization.

Laboratory Manager, Lab for Child Cognitive Development, Carnegie Mellon University

PI: Anna Fisher, PhD

- Supervised undergraduate and graduate students, collected data collection with preschool-aged children, collaborated with area schools, initiated new collaborations including a long-term placement with the Carnegie Science Center, general oversight and management of all laboratory needs including IRB renewals, modifications, and budgeting.

INVITED LECTURES, GRAND ROUNDS, & PROFESSIONAL LECTURES

Austen, J.M. *How do we make integrated care “stick”? Applying implementation science to integrated care.* Invited lecture to be delivered to the North Carolina Integrated Care Conference in November 2019.

Austen, J.M., (April 2018) *Using Motivational Interviewing to Improve Patient Outcomes* Workshop presented to the North Carolina Community Health Center Association Clinical Update Convention. Raleigh, NC.

Austen, J.M., (November 2017) *Celebrating Gender Diverse Youth by Building Culturally Competent Practice.* Workshop presented to the East Carolina University School of Social Work Practice Series

Manson, L., Meadows, T., Polaha, J., Trane, S., Tolliver, R.M., Allmon Dixon, A., **Austen, J.M.,** Quinn, H., Pickowitz, S., (October, 2017) *Toolkit for PCBH in Pediatric Primary Care.*, Preconvention workshop to be presented at the Conference for the Collaborative Family Healthcare Association, Houston, TX

Austen, J.M., (May 2017) *Expanding Integrated Care in North Carolina: Building Our Integrated Workforce.* Symposium Participant for University of North Carolina School of Social Work

Austen, J.M., (February 2017) *Preparing for a Career in Integrated Care.* Invited lecture provided to North Carolina Psychological Association, Graduate Student Conference. Chapel Hill, NC.

Serrano, N., **Austen, J.M.,** Russo, D. (February 2017) *Psychology Practice in Integrated Care.* Invited Symposium provided to North Carolina Psychological Association, Division of Independent Practice. Chapel Hill, NC.

Austen, J.M., (December 2016) *Shared Medical Decision Making.* Training provided to North Carolina Association for Community Health Centers. Raleigh, NC.

Austen, J.M., (October, 2016) *Addressing the Needs of Transgender and Gender Non-Binary People in Primary Care.* Invited presentation at the conference of the Collaborative Family Healthcare Association, Charlotte, NC

Austen, J.M., (October 2015) *Using Motivational Interviewing to Enhance Diabetes Self-Management.* Training provided to North Carolina Association for Community Health Centers. Raleigh, NC.

Harris, J.M & Wisdom, Summer S., (March 2013) *LBGTQ Care: Information for Health Psychologists.* Invited lecture through REAACH. Presented to Department of Psychology at East Carolina University, Greenville, NC

Harris, J.M. (August, 2012) *The State of LGBT Research: A National Perspective,* Invited lecture presented at the South Eastern Transgender Health Summit (Mountain AHEC), Asheville, NC.

Harris, J.M. *Counseling Concerns with LGBT Clients.* Didactic presented to the Marriage and Family Therapy program at ECU

- Harris, J.M.** (July 2012) *Reducing Invisibility and Increasing Quality of Care in LGBT Patients*, Eastern AHEC, Continuing Education Program for healthcare professionals in Student Health Centers.
- Harris, J.M. & Leonard, S.M.** (2013) *School Reintegration in Children with Chronic Illness*. Department of Pediatrics' Grand Rounds, Brody School of Medicine, East Carolina University

PUBLICATIONS

- Runyan, C., **Austen, J. M.**, Gildenblatt, L., (Aug 2017). Mentorship through transitions. *Journal of Family, Systems, and Health*.
- Huber, B. J., **Austen, J. M.**, Tobin, R. M., Meyers, A. B., Shelvin, K. H., & Wells, M. (2016). Overcoming barriers to rural children's mental health: An interconnected systems public health model. *Advances in School Mental Health Promotion*, 1-24.
- Meier, C. & **Harris, J.**, in association with American Psychological Association. (2014) *Gender Diversity and Transgender Identity in Children* [Fact Sheet].
- Schunn, C., Wong, T., **Harris, J.**, Manzoul, W., Kamer, J., Trafton, J. G. & Trickett, S. B. (2007) *Detecting and Resolving Informational Uncertainty in Complex Domains*. In D. S. McNamara & J. G. Trafton (Eds.), *Proceedings of the 27th Annual Cognitive Science Society* (pp. 1473-78). Nashville, TN: Cognitive Science Society.

AWARDS & HONORS

- 2014 American Psychological Association Division 44 Distinguished Student Contribution**
Awarded to a graduate student in psychology who has made a distinguished contribution to research or practice, or who has performed exceptional service to the Division.
- 2013 Award for Excellence in Applied Health Psychology**
Presented to one graduate student in the Department of Psychology at East Carolina University who demonstrates leadership, collaboration and dedication in applied psychological services.
- 2013 Lifetime Influence Award**
Voted by psychology undergraduate students as having the most impact in their academic life while at East Carolina University.
- 2012 Award for Excellence in Teaching,**
Presented to one graduate student East Carolina University each year for excellence in teaching.
- 2010 SEARCH Fellowship**
(Student/Residents Experiences & Rotations in Community Health Scholarship)
Paid Fellowship awarded to one graduate student in each discipline to participate in an immersion placement in a rural integrated healthcare.
- 2008 All Campus Award for Excellence in Research**
Presented to one undergraduate in each major who has demonstrated excellence in research.
- 2007 Honors in Psychology**
- 2007 Psi Chi** - Honor Society in Psychology, Chapter President
- 2007 Psi Chi Award for Scholarly Contributions**
- 2006 Mortar Board,** Hood and Tassel Chapter, Honor society for Accomplished Seniors

TEACHING AND SUPERVISION EXPERIENCE

- 2016 – 2018 Piedmont Health Services, Supervision of LCPA for licensure
- 2016 – 2017 University of North Carolina, Affiliate
- Field Supervisor in School of Social Work
- 2013 – 2014 Illinois State University, Instructor of Record
- Senior Seminar: LGBT Health and Disparities - One Semester
- 2010 – 2014 East Carolina University, Instructor of Record
- Introduction to Psychology - Four Semester
 - Psychology of Sexual Behavior - Three Semesters

- Psychology of Child Development, One Semester
 - Psychology of Adjustment
- 2009 – 2010 East Carolina University, Graduate Teaching Assistant
- Introduction to Psychology
 - Psychology of Sexual Behavior

LEADERSHIP EXPERIENCE, SERVICE ACTIVITIES, & COMMITTEE MEMBERSHIP

National

- 2019 – Present Member, Child Welfare Rapid Response Network, Research-to-Policy Collaboration, Edna Bennett Pierce Prevention Research Center, Pennsylvania State University
- 2014 – Present Mentor, American Psychological Association for Graduate Students, LGBT Student Mentoring Program
- 2014 – 2017 Member, APA- Division 44: Lesbian, Gay, Bisexual, and Transgender Concerns, Committee for Transgender People and Gender Diversity
- 2014 – 2017 Member, APA- Division 44: Lesbian, Gay, Bisexual, and Transgender Concerns, Training and Education Committee
- 2016 – 2017 Collaborative Family Health Association, Mentee in Early Career Mentorship Program
- 2012 - 2013 Task Force Member for the creation of the APA TransYouth Fact Sheet
- 2013- 2014 Reviewer, Update of the 1993 APA Resolution on Lesbian, Gay and Bisexual Youth in Schools

STATE

- 2014-2017 Taskforce Member, Long Range/Integrated Care Planning Committee
North Carolina Psychological Association
- 2014-2017 Billing and Coding Subgroup Facilitator, Behavioral Health Workgroup,
North Carolina Community Health Center Association

LOCAL

- 2016 – Current Board President, Outside In (Adult group that supports youth organization iNSIDEoUT)
- 2013 – 2016 – Board Member, Outside In

UNIVERSITY

- 2019 – Present Member, Space Committee, Frank Porter Graham Child Development Institute, UNC Chapel Hill
- 2018 – Present Member, Implementation Division, Frank Porter Graham Child Development Institute, UNC Chapel Hill
- 2013 *Workgroup Member*, Illinois State University LGBTQ Curriculum Committee
- 2012 *Member*, Faculty Search Committee ECU Psychology Department-Developmental Psychologist
- 2012 *Member*, Faculty Search Committee ECU Brody School of Medicine- - Substance Abuse Specialist
- 2012 *Reviewer of faculty development modules*, ECU College STAR- Committee for Faculty Development
- 2013 *East Carolina University Psychology Diversity Committee, LGBTQ Chair*
Informed department on core competencies for LGBTQ service provision as well as developed non-discrimination policy for internal clinic
- 2010 *Peer Mentor*, ECU LGBTQ Resource Office
Mentored LGBTQ undergraduates and assisted with the development of the office
- 2010 *TransEquality Team Leader*, ECU LGBTQ Resource Office
- 2012 *Member*, ECU Faculty Search Committee- School Psychologist
- 2011 *Creator/Co-leader*: Undergraduate Thesis Workshops, ECU Psychology Department-Committee for Undergraduate Retention;

2011 *Member*, ECU Faculty Search Committee- Pediatric School Psychologist
2010 *Mentor*, East Carolina University Pediatric School Psychology Program

OTHER SERVICE

2012 - 2013 Community Educator, Brody ID- HIV/AIDS Clinic- HIV/AIDS
2012 - 2013 Member, PiCASO - HIV/AIDS Outreach
2003 - 2005 Sexual Health Educator, Planned Parenthood of Western Pennsylvania
2000 - 2002 Day School Volunteer, The Children's Institute
1996 - 2002 Safe Sex Team, Member, Pittsburgh AIDS Task Force
1993 - 1999 Patient Services Volunteer, Braddock Medical Center

REVIEW EXPERIENCE

2011-2013 Ad hoc reviewer for Training & Education in Professional Psychology
2011-2013 Ad hoc reviewer for AIDS Education and Prevention
2010-2012 Grant reviewer for National Association for School Psychology (NASP)

LICENSES CERTIFICATIONS

North Carolina Psychology Board, Licensed Psychologist: #4860
North Carolina Health Service Provider - Psychologist
National Register of Health Service Psychologists

OTHER PRESENTATION AND WORKSHOPS

Aldridge, W. A., II, **Roppolo, R. H., Austen, J., & Jenkins, R.** (2019, September). *Applying implementation science for real world impact: Operationalized core practice components, feasibility testing, and next steps.* Poster to be presented at the biennial Society for Implementation Research Collaboration, Seattle, WA.

Austen, J. H., McCammon S.L., Walcott, C.M. (August 2014). *Questioning "Questioning": An Interpretive Phenomenological Analysis on Questioning as a Sexual Identity.* Poster presented at the annual convention of the American Psychological Association, Washington, DC.

Golden, J., **Harris, J.M.,** Alston, K., Styron, R., (February 2013). *A Community-University Partnership: Understanding, Preventing and Treating the Unique Mental Health and Illness-Related Problems of Sexual Minority Youth.* Symposium presented at the Ninth Jean Mills Annual Health Symposium, Greenville, NC.

Harris, J. M., Walcott, C. M., Warner, T. D., Jefferson, M., Leonard., S., (February, 2012). *Infection Risk and School Attendance: Do children who attend school during treatment for cancer contract more infections than those who abstain?* Poster presented at the annual convention of the National Association for School Psychology Conference, Philadelphia, PA.

Leonard, S., Jefferson, M., **Harris, J.M.** *Attitudes and Practices of Providers Regarding School Reintegration for Children with Acute Lymphoblastic Leukemia.* (May, 2012). Poster presented at the annual meeting of the American Society for Hematology and Oncology, New Orleans, LA.

Bouknight-Wingard, A., Harrison, S., **Harris, J.M.,** Ongsucu, A., Tomasula, J., (February, 2011). *How Pediatric School Psychology Can Inform School-Based Practice.* In C.M. Walcott and T. D. Warner (Chairs) Symposium presented at the National Association for School Psychology Conference, San Francisco, CA.

Stubbs, M.L., **Harris, J.,** Sheftel, A. (March, 2008). *Attitudes towards menstruation and contraceptive choice.* Poster presented at the annual meeting of the Eastern Psychological Association. Boston, MA

Schunn, C., Wong, T. **Harris, J.,** Kammer, J., Manzool, W., (August, 2007) *Spatial Problem Solving in Complex Domains.* Poster presented at the Annual Meeting of the Cognitive Science Society. Nashville, TN.

- Sheftel, A., Stubbs, M.L., **Harris, J.**, Hershberger, T. (June, 2007). *Self-objectification, self-reported comfort with vaginal touching, menstrual product and contraceptive choice*. Paper presented at the biennial meeting of the International Society for Menstrual Cycle Research, Vancouver, BC.
- Stubbs, M.L., Sheftel, A., **Harris, J.** (June, 2007). *A content analysis of young women's reasons for menstrual product and contraceptive choice*. Paper presented at the biennial meeting of the International Society for Menstrual Cycle Research, Vancouver, BC
- Harris, J.** Stubbs, M.L., Sheftel, A., Hershberger, T (March, 2007) *Self-objectification and contraceptive choice*. Poster presented the annual meeting of the Eastern Psychological Association. Philadelphia, PA

PROFESSIONAL AFFILIATIONS

- American Psychological Association
 - Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues, Division 44
 - Health Psychology, Division 65
- North Carolina Psychological Association, Long Range Planning Committee Member
- Collaborative Family Health Association
 - Primary Care Behavioral Health Special Interest Group
 - Pediatric Special Interest Group
- North Carolina Community Health Center Association, Behavioral Health Workgroup Member
- World Professional Association for Transgender Health