

# Shannon D. Chaplo, Ph.D.

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Shannon.Chaplo@unc.edu  
608.359.3822

NC Psychology License  
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## EDUCATION AND TRAINING

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***Duke University Medical Center*** 2017-2019  
Department of Psychiatry  
National Center for Child Traumatic Stress  
Clinical Associate (Postdoctoral Training)

***Duke University Medical Center*** 2016-2017  
Department of Psychiatry  
APA Accredited Psychology Internship Program  
Clinical Psychology Intern, Child Trauma Track

***University of Utah*** 2011-2017  
APA Accredited Clinical Psychology Doctoral Program  
Dissertation Thesis: *Mechanisms underlying sexual revictimization among detained adolescents: The roles of posttraumatic stress and risk-seeking*  
Master's Thesis: *Harm from harm: Extending the construct of moral injury to interpersonal transgressions among emerging adults*

***University of Wisconsin – Madison*** 2006-2010  
Bachelor of Arts, Major: Psychology; Gender and Women's Studies  
Honors Thesis: *Investigating the relationship between self-control and disordered eating: The mediating role of objectified body consciousness.*

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## RESEARCH EXPERIENCE

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*Co-Investigator* December 2020-Current  
Frank Porter Graham (FPG) Child Development Institute  
UNC Chapel Hill

Conducting research on trauma exposure, impaired caregiving, and social determinants of health in a clinically-referred sample in rural areas of NC presenting to behavioral health clinics. Includes overseeing case managers, data management, and building integrated care processes.

*Co-Investigator, Implementation Specialist* October 2019-Current  
Frank Porter Graham (FPG) Child Development Institute  
UNC Chapel Hill

Assisting in multiple implementation projects aimed to impact child and family outcomes through the use of evidence-based practices and treatments. This includes a large scale-up project to implement Triple P across several service delivery agencies within North Carolina to reduce incidences of child maltreatment and a project aimed to bring trauma-

informed practices to child and adolescent psychiatric residential treatment facilities across North Carolina to reduce the use of seclusion and restraint. Lastly, collaborating on the data analysis and manuscript writing related to these projects and grant writing.

Supervisors/Mentors: Will Aldridge, Ph.D., Robin Jenkins, Ph.D., Sherika Hill, Ph.D.

*Clinical Associate/Project Staff (Postdoctoral Training)* 2017-2019

National Center for Child Traumatic Stress

Duke University Medical Center

Assisted in the evaluation of multiple training and implementation projects sponsored through the National Center for Child Traumatic Stress (NCTSN). This includes the evaluation of the implementation of AF-CBT in several military bases across the United States. Also includes the evaluation of using learning collaborative methodology to implement trauma informed practices into schools. Lastly, collaborating on the data analysis and manuscript writing for projects from the core data set of the NCTSN including those on caregiver-related trauma exposure and revictimization.

Supervisors/Mentors: George Ake, Ph.D.; Ernestine Briggs-King Ph.D.

*Graduate Research Assistant* 2013-2017

Moral Injury Project

University of Utah Department of Psychology

Assisted in study design, survey development, and supervised data collection performed by undergraduate students using an undergraduate participant pool. Conducted data analysis including confirmatory factor analysis and measurement invariance for the validation of a psychological measure of moral injury for use with adolescents and young adults.

Supervisors: Patricia Kerig, Ph.D.; Cecilia Wainryb, Ph.D.

*Graduate Research Assistant* 2011-2017

University of Utah Risk to Resilience Project

Integral to study design, survey selection, IRB approval procedure, data collection with parents and youth, training of research assistants, acted as liaison to juvenile detention facility, and responsible for data management, analysis and presentation of data. Data includes self-report, behavioral, and psychophysiological measures. Supervised an undergraduate honors thesis, and an undergraduate independent project which was selected for presentation at a national conference. Utilized advanced statistical methods including Structural Equation Modeling and Multilevel Modeling techniques.

Supervisor: Patricia Kerig, Ph.D.

*Project Coordinator* 2010-2011

Pennsylvania Youth Suicide Project in Primary Care

Children's Hospital of Philadelphia, Center for Family Intervention Science

Coordinated contact, scheduling, data collection, and data management for a SAMHSA funded study investigating and implementing a youth suicide prevention screening tool in primary care settings across the state of Pennsylvania. Included submission and maintenance of IRB submissions, and monthly reports of progress for the funding agency. Supervised a team of undergraduate research assistants.

Supervisor: Guy S. Diamond, Ph.D.

*Clinical Research Assistant* 2010-2011

Attachment-based Family Therapy After-care Study for Suicidal Adolescents

Children's Hospital of Philadelphia, Center for Family Intervention Science

Conducted weekly assessment calls with adolescents enrolled in an intervention study,

including administration of the Beck Depression Inventory & the Suicidal Ideation Questionnaire. Received in-depth training for handling crisis situations with suicidal adolescents and children.

Supervisors: Guy S. Diamond, Ph.D.; Suzanne Levy, Ph.D.

*Undergraduate Research Assistant*

2008-2010

Adolescent Development Project

University of Wisconsin - Madison

Data entry, survey development and construction, video coding of facial expressions, and data analysis for a longitudinal study of youth and their families. Mentored incoming research assistants in study procedures and video coding. Applied for and secured internal research funding to support honors thesis.

Supervisor: Janet S. Hyde, Ph.D.

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## PEER-REVIEWED PUBLICATIONS

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- Modrowski, C. A., **Chaplo, S. D.**, Kerig, P. K., & Mozley (2019). Trauma exposure, posttraumatic overmodulation and undermodulation, and non-suicidal self-injury in traumatized justice-involved adolescents. *Psychological Trauma, 7*, 743-750.
- Chaplo, S.D.**, Kerig, P. K., & Wainryb, C. (2019). Development and validation of the Moral Injury Scales for Youth. *Journal of Traumatic Stress, 32*, 448-458.
- Murray, K. J., Sullivan, K. M., Lent, M. C., **Chaplo, S. D.**, & Tunno, A. M. (2019). Promoting trauma-informed parenting of children in out-of-home care: An effectiveness study of the resource parent curriculum. *Psychological Services, 16*, 162-169.
- Perry, N., **Chaplo, S. D.**, & Baucom, K. (2017). The impact of cumulative minority stress on cognitive behavioral treatment with gender minority individuals: Case study and clinical recommendations. *Cognitive and Behavioral Practice*. Published online first.
- Chaplo, S.D.**, Kerig, P. K., Modrowski, C. A., & Bennett, D. C. (2016). Gender Differences in the Associations among Sexual Abuse, Posttraumatic Stress Symptoms, and Delinquent Behaviors in a Sample of Detained Adolescents. *Journal of Child and Adolescent Trauma*. Published online first.
- Bennett, D. C., Modrowski, C. A., **Chaplo, S.D.**, & Kerig, P. K. (2016). Facets of Emotion Dysregulation as Mediators of the Association between Trauma Exposure and Posttraumatic Stress Symptoms in Justice-Involved Adolescents. *Traumatology, 22*(3), 174-183.
- Modrowski, C. A., Bennett, D. C., **Chaplo, S. D.**, & Kerig, P. K. (2016). Screening for PTSD Among Detained Adolescents: Implications of the Changes in the DSM-5. *Psychological Trauma: Theory, Research, Practice, And Policy*
- Kerig, P. K., Charak, R., **Chaplo, S. D.**, Bennett, D. C., Armour, C., Modrowski, C. A., & McGee, A. B. (2016). Validation of the factor structure of the adolescent-dissociative experiences scale in a sample of trauma-exposed detained youth. *Psychological Trauma: Theory, Research, Practice, And Policy, 8*(5), 592-600.
- Kerig, P.K., Bennett, D. C., **Chaplo, S. D.**, Modrowski, C. A., McGee, A. (2016). Numbing of positive, negative, and general emotions: Associations with trauma exposure, posttraumatic stress, and depressive symptoms among justice-involved youth. *Journal of Traumatic Stress, 29*, 111-119.
- Kerig, P. K., **Chaplo, S. D.**, Bennett, D. C., & Modrowski, C. A. (2016). Harm as harm: perpetration of violence, posttraumatic stress symptoms, and gang involvement among youth in the juvenile justice system. *Criminal Justice and Behavior, 43*, 635-652.

- Bennett, D. C., Kerig, P. K., Modrowski, C. A., & **Chaplo, S. D.** (2015). Investigating the dissociative subtype of PTSD in a sample of traumatized detained youth. *Psychological Trauma: Theory, Research, Practice, and Policy*, 5, 465-472.
- Chaplo, S. D.**, Kerig, P. K., Bennett, D. C., & Modrowski, C. A. (2015). The roles of emotion dysregulation and dissociation in the link between sexual abuse and self-injury among traumatized delinquent youth. *Journal of Trauma and Dissociation*, 16, 272-285. \*Received an honorable mention for paper of the year in this journal.
- Bennett, D. C., Kerig, P. K., **Chaplo, S. D.**, McGee, A. B., & Baucom, B. R. (2014). Is the dysphoric versus anxious arousal distinction relevant to youth? PTSD symptom structure among traumatized adolescents. *Psychological Trauma: Theory, Research, Practice, & Policy*.
- Kerig, P. K., Wainryb, C., Twali, M. S. & **Chaplo, S. D.** (2013). America's child soldiers: Toward an agenda for research on gang-involved youth in the US. *Journal of Aggression, Maltreatment, & Trauma*, 22, 773-795.

Invited Revise & Resubmit:

Modrowski, C. A., **Chaplo, S. D.**, & Kerig, P. K. (under review). Advancing Our Understanding of the Risk Factors Associated with Crossover Youth in the Child Welfare and Juvenile Justice Systems: A Research Agenda

Under Review:

Layne, C.M., Steinberg, C. M., Liang, L., **Chaplo, S. D.**, Grasso, D., & Ford, J. D. (In preparation). Mapping the Conceptual Topography of Traumatic Stress: Toward an Integrative Theory

## BOOK CHAPTERS

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**Chaplo, S. D.**, & Bennett, D. C. (2016). Veterans. In A. Goldberg (ed.), *Sage Encyclopedia of LGBTQ Studies*. Los Angeles, CA: Sage.

Under Review:

**Chaplo, S. D.** & Fishbein, D. (under review). Capitalizing on Neuroplasticity Across Development to Redirect Pathways from Juvenile Justice Involvement

## PRESENTATIONS

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**Chaplo, S.D.**, Armstrong, J., & Jenkins. (May, 2021) Approaching implementation from the top-down or bottom-up: supporting the use of culture change initiatives in psychiatric residential treatment. Paper presented at the Global Implementation Conference in May 2021.

Austen, J., **Chaplo, S.D.**, Kirk, A., & Martin, M. Addressing Organizational Complexity: Everyday Implementation Strategies for Practitioners. (October 2020). Paper presented at the Collaborative Family Healthcare Association's Annual Conference in October 2020.

**Chaplo, S.D.** (April, 2020). Child Maltreatment and Abuse: Impact on Adult Functioning and Mental Health. Invited virtual seminar to Palo Alto VA and Stanford University interns and postdoctoral fellows.

Modrowski, C. A., **Chaplo, S.D.**, Mendez, L., & Kerig, P. K. (November, 2019). Understanding the Link between Trauma Exposure and Adolescent Offending: The

- Role of Specific Posttraumatic Reactions. Paper presented at the annual meeting of the International Society for Traumatic Stress in November 2019.
- Chaplo, S.D.**, Ake, G., Powell, B., Walsh, C., & Amaya-Jackson, L. (September, 2019). Utilization of Train-the-Trainer Programs to Support the Sustainability of Evidence-Based Trauma-Informed Interventions: The Perspectives of Model Developers, Trainers, and Intermediary Agencies within the National Child Traumatic Stress Network. Paper presented at the biennial Society for Implementation Research Collaboration conference
- Chaplo, S.D.**. (April, 2019) Complex Trauma and Grief: A Clinical Case Study. Invited presentation at the TF-CBT NC Child Treatment Program Learning Collaborative in Raleigh, NC.
- Kerig, P. K., **Chaplo, S. D.**, Modrowski, C. A. (November, 2018). Testing Gender Differences in Models of Trauma-Linked Acquired Callousness in a Sample of Justice-Involved Youth. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies in Washington, D.C.
- Chaplo, S.D.**, Modrowski, C., Kerig, P. K., & Bennett, D. C. (November, 2016). *The Role of Posttraumatic Stress Symptoms in the Sexual Revictimization Trajectories of Justice-involved Youth*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies in Dallas, TX.
- Modrowski, C. A., **Chaplo, S. D.**, Kerig, P. K., & Mozley, M. (November, 2016). *Is Non-Suicidal Self-injury Related to PTSD Symptoms of Overmodulation or Undermodulation in Traumatized Justice-involved Adolescents*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies in Dallas, TX.
- Charak, R., Kerig, P.K., **Chaplo, S. D.**, Bennett, D., Armour, C., Modrowski, C. A., & McGee, A. (November, 2016). *Validation of the Factor Structure of the Adolescent Dissociative Experiences Scale in a Sample of Trauma Exposed Detained Youth*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies in Dallas, TX.
- Kerig, P. K., **Chaplo, S. D.**, & Modrowski, C. A. (July, 2016). *Testing gender-differentiated models of the mechanisms linking interpersonal victimization and youth offending: Callousness versus borderline traits*. Paper presented at the International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
- Modrowski, C. A., Chaplo, S. D., Mozley, M., & Kerig, P. K. (April, 2016). Examining associations among trauma exposure, callous-unemotional traits, gender, and gang involvement in JJ-involved adolescents. Poster presented at the biennial meeting of the Society for Research on Adolescence.
- Holman, K., **Chaplo, S. D.**, & Kerig, P.K. (April, 2016). *Correspondence between mothers' and detained youths' reports of posttraumatic stress symptoms: The role of attachment quality*. Poster presented at the biennial meeting of the Society for Research on Adolescence.
- Chaplo, S.D.**, Modrowski, C., Kerig, P. K., & Bennett, D. C. (November, 2015). *Gender differences in the sequelae of childhood sexual abuse: An examination of borderline features, dissociation, emotion dysregulation, and delinquent behaviors among detained adolescents*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies in New Orleans, LA.
- Chaplo, S. D.** & Kerig, P.K. (November, 2015). *The Role of Rumination in the Relation between Moral Injury and Internalizing and Externalizing Symptoms*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies in New Orleans, LA.
- Bennett, D.C., **Chaplo, S.D.**, Modrowski, C., & Kerig, P.K. (November, 2015). *The Impact of Interpersonal Trauma Exposure on Emotion Dysregulation Difficulties and Posttraumatic Stress Symptoms among Detained Youth*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies in New Orleans, LA.
- Modrowski, C., **Chaplo, S. D.**, Bennett, D. C., & Kerig, P. K. (November, 2015). *Comparing DSM-IV and DSM-5 PTSD Prevalence Rates in Traumatized Adolescents: Developmental*

- Considerations*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies in New Orleans, LA.
- Bennett, D.C., Modrowski, C., Kerig, P.K., & **Chaplo, S.D.** (November, 2014). *Toward validation of the dissociative subtype among traumatized youth: Mixture modeling classifications related to over vs. undermodulation of emotion*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies in Miami, Florida.
- Chaplo, S. D.**, Bennett, D. C., & Kerig, P. K. (March, 2014). *The associations among sexual abuse, posttraumatic stress symptoms, self-injury, and borderline personality traits among detained youth*. Paper presented at the biannual meeting of the Society for Research on Adolescence
- Kerig, P. K., **Chaplo, S. D.**, & Bennett, D. C. (March, 2104). *Perpetration of Violence and Posttraumatic Reactions Among Gang-Involved Youth: Roles of Gender and Callous-Unemotional Traits*. Paper presented at the biannual meeting of the Society for Research on Adolescence.
- Chaplo, S.D.**, Bennett, D. C., Kerig, P. K. (November, 2013). *Investigating gender invariance in the associations between sexual abuse and posttraumatic stress symptoms among detained youth*. Poster presented at the 2013 annual meeting of the International Society for Traumatic Stress Studies in Philadelphia, PA.
- Chaplo, S. D.**, & Kerig, P. K. (2013, April). *Predictors of posttraumatic stress symptoms among delinquent youth: Interrelations among gang involvement, perpetration-induced trauma, and gender*. Poster presented at the 2013 meeting of Society for Research in Child Development, Seattle, WA.
- Bennett, D. C., **Chaplo, S. D.**, & Kerig, P. K. (2012, November). *Is the Dysphoric versus Anxious Arousal Distinction Relevant to Youth? Structural Equation Modeling of PTSD Symptom Structure among Traumatized Adolescents*. Paper presented at the 2012 Annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Wainryb, C., Kerig, P., & **Chaplo, S. D.** (2012, November). *Child soldiers in Colombia and gang-involved youth in the U.S.: Qualitative comparisons across the domains of trauma, perpetration, and moral agency*. Talk presented at the panel discussion on *Trauma histories and recruitment of gang-involved youth in the U.S. and child soldiers in other countries: Parallels and implications for intervention and prevention* at the annual meeting of the International Society for Traumatic Stress Studies, Los Angeles CA.
- Levy, S., O'Malley, A., **Chaplo, S. D.**, Diamond, G., & Wintersteen (2011, August). *Youth Suicide Prevention and Behavioral Health Screening in Primary Care*. Paper presented at the 2011 meeting of the American Psychological Association, Washington, D.C.
- Wintersteen, M., Diamond G., & **Chaplo, S. D.** (2011, April). *Impact of Sexual Trauma History on Attachment-Based Family Therapy for Adolescents with Suicidal Ideation*. Paper presented at the 2011 meeting of the American Association of Suicidology, Seattle, WA.
- Chaplo, S. D.** & Diamond, G.S. (2011, March). *Gender Differences in Psychiatric Problems and Adverse Life Events for Suicidal Ideation among African American Youth*. Poster presented at the 2011 meeting of the Eastern Psychological Association, Boston, MA.
- Chaplo, S.D.**, Diamond, G. S., Fein, J., Levy, S., & Wintersteen, M. (2011, April). *Behavioral health screening: Overview of a web-based, psycho-social screening tool for primary care*. Poster presented at Children's Hospital of Philadelphia Research Poster Day, Philadelphia, PA.
- Chaplo, S. D.**, Hyde, J. S., & Petersen, J. (2010, April). *Investigating the relationship between self-control and disordered eating: the mediating role of objectified body consciousness*. Paper presented at the annual University of Wisconsin Undergraduate Research Symposium, Madison, WI.

## CLINICAL EXPERIENCE

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### **Orenstein Solutions Counseling, PLLC**

2020-current

*Licensed Psychologist*

Provide psychological evaluations and outpatient treatment for children, adolescents, and families presenting with a variety of presenting problems, including anxiety, depression, separation/divorce, trauma/PTSD, and ADHD. Primary treatment modalities include CBT, parent training, and trauma-specific interventions, including TF-CBT.

### **Center for Child and Family Health**

2016-2019

*Pre-doctoral Psychology Intern; Post-doctoral Intern*

Provided psychological evaluations, post-adoption assessments, and outpatient treatment for primarily low-income children and adolescents presenting with a variety of trauma exposures including sexual abuse, physical abuse, and witnessing domestic violence. Interventions include TF-CBT and PCIT with supervision from certified trainers in each intervention. Completed certifications in PCIT and TF-CBT through the North Carolina Child Treatment Program to earn certification in TF-CBT. Participated in weekly individual and group supervision, and didactics covering topics regarding child and adolescent posttraumatic stress.

Supervisors: George Ake, Ph.D., Angela Tunno, Ph.D.

### **Duke Attention-Deficit/Hyperactivity Disorder (ADHD) Program**

2016-2017

*Pre-doctoral Psychology Intern*

Conducted integrated psychodiagnostic evaluations with children, teens, and adults referred for ADHD assessment. Complete diagnostic and treatment formulation; provide feedback to patients and their families; and write comprehensive reports. Provide short-term outpatient individual treatment for children and adolescents diagnosed with ADHD. Participate in weekly individual and group supervision, bimonthly didactics, and case conferences.

Supervisors: Naomi Davis, Ph.D., John Mitchell, Ph.D., Scott Kollins, Ph.D.

### **Duke Psychosocial Treatment Clinic**

2016-2017

*Pre-doctoral Psychology Intern*

Provided psychological evaluations and outpatient treatment for children and adolescents with mood and anxiety disorders. Presenting diagnoses include Major Depressive Disorder, Obsessive Compulsive Disorder, Generalized Anxiety Disorder, Social Anxiety Disorder, Oppositional Defiant Disorder, and Adjustment Disorders. Participate in weekly individual supervision and weekly didactic seminars in evidence-based therapies and case conferences.

Supervisor: David Goldston, Ph.D., Chris Mauro, Ph.D.

### **Duke Family Studies Clinic**

2016-2017

*Pre-doctoral Psychology Intern*

Provided outpatient family assessment, family therapy, couples therapy, and parent training to family members presenting with a range of psychiatric disorders and general family distress. Receive live, behind-the-one-way-mirror supervision from multi-disciplinary faculty (i.e., psychologists, psychiatrists, social workers). Observe other trainees conduct family therapy and provide peer supervision as part of a "therapy team." Attend weekly didactic seminar in general and specialty topics in the field of family functioning and family and couple's therapy.

Supervisors: Susan Hazlett, Ph.D., Edward Bridges, MD, Chris Mauro, Ph.D., Donna Eash, L.C.S.W.

### **University of Utah Anxiety, OCD, and Tourette Syndrome**

2015-2016

## **Program**

### *Cognitive Behavioral Therapist Trainee*

Conducted psychological testing, intake interviews, and therapy including habit reversal training to children and adolescents presenting with anxiety spectrum disorders and complex comorbidities

Supervisor: Michael Himle, Ph.D.

## **Primary Children's Center for Safe & Healthy Families**

2013-2016

### *Cognitive Behavioral Therapist Trainee*

Conducted psychological testing, intake interviews, and therapy for child and adolescent clients with a variety of trauma exposures including sexual abuse, physical abuse, and witnessing domestic violence. Interventions include PCIT, TF-CBT, and CFTSI. Scored and interpreted findings on major assessment inventories for children and adolescents, including BASC-2, PRQ, CSBI, A-DES, and the UCLA PTSD-RI. Exposure to forensic cases and report writing, including parent custody cases.

Supervisor: Brian Thorn, Ph.D.

## **University of Utah Counseling Center**

2013-2015

### *Peer Supervisor*

Provided supervision to graduate students conducting cognitive-behavioral therapy at the University of Utah Counseling Center with college student clients. Conducted supervision using video-taped recordings and provided feedback on case conceptualization, treatment plans, use of progress monitoring measures, selection and execution of clinical interventions, and clinical notes.

Supervisor: Katherine Baucom, Ph.D.

## **Gale & Associates**

2012-2013

### *Assessment Trainee*

Conducted clinical interviews and psychological testing of youth between ages 13 and 18 detained in Juvenile Justice Observation and Assessment residential facilities. Administered and scored measures including the MACI, WASI-2, Wechsler Fundamentals reading comprehension test, SASSI-A2, APS, and UCLA PTSD-RI. Wrote integrated reports using court records, police incident reports, and data collected via parent interview as well as testing and clinical interview that provided case conceptualization as well as treatment and placement recommendations to case workers, probation officers, and juvenile court judges.

Supervisor: C. Max Gale, Ph.D.

## **University of Utah Behavioral Health Clinic**

2013-2014

### *Cognitive Behavioral Therapist Trainee*

Conducted psychological testing, intake interviews, and therapy for child and adolescent clients with a variety of presenting concerns including depression, oppositional-defiance disorder, and anxiety. Scored and interpreted findings on major assessment inventories for children and adolescents, including, but not limited to, the MACI, WISC-IV, BASC-2, CPT-II, MMPI-A, and NEPSY-II.

Supervisor: Matthew Woolley, Ph.D.

## **University of Utah Counseling Center**

2012-2013

### *Cognitive Behavioral Therapist Trainee*

Provided weekly cognitive-behavioral therapy to college student clients presenting with a variety of presenting concerns including depression and anxiety. Included in-depth training experiences in case conceptualization, treatment planning, progress monitoring, and case



presentations using the case formulation approach to CBT.

Supervisor: Katherine Baucom, Ph.D.

### **University of Utah Counseling Center**

2012-2013

#### *Assessment Trainee*

Conducted psychological assessments with college student clients. Scored and interpreted findings on major assessment inventories including, but not limited to, the MMPI-2, MCMI-III, PAI, NEO, WAIS-IV, WMS, Woodcock Johnson, and SCID. Provided comprehensive reports to University Counseling Center. Provided recommendations for treatment to client and therapist.

Supervisor: Craig Bryan, Psy.D.

## **HONORS AND AWARDS**

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Commendation for Teaching University of Utah Department of Psychology	2013-2016
Clayton Award for Research on Underrepresented Populations University of Utah Department of Psychology	2012
Meyerhoff Undergraduate Excellence Award University of Wisconsin	2010
Undergraduate Academic Excellence Award University of Wisconsin	2010
Psychology Undergraduate Research Excellence Award University of Wisconsin Department of Psychology	2010
Hilldale Undergraduate Research Fellowship Recipient University of Wisconsin	2009
Bascom Hill Society Scholarship Recipient University of Wisconsin	2009
University of Wisconsin Dean's list	2006-2010
Phi Beta Kappa Society	2009
Golden Key International Honor Society	2009
Psi Chi National Psychology Honorary	2008

## **RELEVANT WORK EXPERIENCE**

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#### *Clinical Assistant*

Children's Hospital of Philadelphia 2010-2011

Aided one of the hospital's staff psychologists (Guy S. Diamond, Ph.D.) with clinical intake interviews of children, adolescents and their caregivers presenting for outpatient therapy in the psychiatry department. Provided clinician with an intake report including treatment recommendations.

## **TEACHING EXPERIENCE**

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*Designed and taught the following in-person and online courses as the Instructor of record for the University of Utah Psychology Department:*

Structural Equation Modeling (TA)	Graduate course	2015
General Psychology	Undergraduate course	2015
Psychology as a Science and Profession	Undergraduate course	2012, 2013, 2014, 2016

*Designed and taught the following online course as an Adjunct Instructor for the Montclair State University Psychology Department*

Interpersonal Family Violence	Graduate course	2021
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## **MEMBERSHIP IN PROFESSIONAL SOCIETIES**

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Society for Implementation Research Collaboration	2019-Present
APA Div. 56, Division of Trauma Psychology	2015-Present
APA Div. 53, Clinical Child and Adolescent Psychology	2013-Present
International Society for Traumatic Stress Studies	2012-Present
Society for Research on Adolescence	2012-2017
Society for Research on Child Development	2012-2017
APAGS Graduate Student Member	2011-2017

## **SERVICE ACTIVITIES**

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NC Initiative for Young Children's Social-Emotional Health and Development Evidence Based Treatment Workgroup	2021
NCTSN Implementation Advisory Committee	2019
NCTSN Evidence-Based Practice Subcommittee	2019
NCCTS Secondary Traumatic Stress and Wellness Committee	2019
Trauma Informed Communities and Advocacy training for Roots & Wings In Roxboro, NC	2017
Community presentations on child development at Camelot Academy, Durham, NC	2017
College of Social and Behavioral Sciences Council, University of Utah: Elected Graduate Student Representative	2015-2016
Ad-Hoc Reviewer, Journal of Traumatic Stress	2018
Ad-Hoc Reviewer Child and Youth Services Review	2018
Ad-Hoc Co-Reviewer, Psychological Trauma	2017
Ad-Hoc Reviewer, Journal of Juvenile Justice	2015
Ad-Hoc Co-Reviewer, Journal of Child & Adolescent Trauma	2014
Ad-Hoc Co-Reviewer, Women and Criminal Justice	2014
Graduate Student Advisory Committee, University of Utah Department of Psychology: Clinical Student Representative	2013-2015
APA Division 53 Mentorship Program: Peer Mentor, mentor undergraduate students through the graduate school application process	2013-Present
Ad-Hoc Co-Reviewer, Biennial Meeting of the Society for Research on Adolescence	2013
Getting into Graduate School Workshop presentation for Psi Chi, University of Utah	2013
Clinical Training Committee, Graduate Student Representative, University of Utah Department of Psychology	2011-2012
University of Wisconsin Department of Social Work: Dating Violence Peer Educator, conducted workshops to college students for the prevention of dating violence and sexual assault	2009-2010
Briar Patch Youth Counseling Services, Madison, WI: Peer Counselor for runaway adolescents and their families	2009

Psi Chi National Honor Society in Psychology: University of Wisconsin Madison Chapter  
Vice President 2008-2010  
Wisconsin Union Directorate Alternative Breaks Program, University of Wisconsin,  
Program Director, Coordinated volunteer service trips across the United States  
2008-2010