

Alyson Cavanaugh, Ph.D.

Research Investigator & Project Manager
Self-Regulation Skills for Success Study
Frank Porter Graham (FPG)
University of North Carolina at Chapel Hill

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EDUCATION

- May 2015 Ph.D. Human Development and Family Studies
Minor: Educational Research Methodology
University of North Carolina at Greensboro (UNCG)
Most Outstanding HDFFS Graduate Student
- Dissertation:* Examining linkages among sources of racial-ethnic discrimination and Latino adolescents' psychosocial and academic outcomes: Are culturally-relevant factors protective?
- May 2012 M.S. Human Development and Family Studies
University of North Carolina at Greensboro
- Thesis:* The role of parent–adolescent relationships in predicting Mexican American adolescents' coping strategies: Examining variation across parent and adolescent gender
- May 2010 B.S. Human Services, University of Delaware (summa cum laude)
Minor: Psychology
Emalea P. Warner Award for the Most Outstanding Senior Female (University Award)

PROJECT MANAGEMENT EXPERIENCE

- August 2016 – Present *Research Investigator, Frank Porter Graham (FPG).* Primary responsibilities include serving as Project Manager on Self-Regulation Skills for Success (SRSS) Study.

METHODOLOGICAL TRAINING AND EXPERIENCE

- July 2016 – July 2016 *Statistical Consultant.* Dr. Gabriela Livas Stein, Psychology Department, UNCG. Assisted with data analytic plan and presentation of research methodology on IES grant application.
- May 2016 - July 2016 *Statistical Consultant.* Dr. Laura Gonzalez, School of Education, UNCG. Provided consultation on structural equation modeling for a research project on pathways to Latino adolescents' academic motivation.

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| June 2015 - June 2016 | <i>Postdoctoral Fellow.</i> Dr. Gabriela Livas Stein, Psychology Department, UNCG. Primary responsibilities include writing manuscripts and an NRSA F32 grant application, conducting analyses, mentoring graduate students in statistics, and assisting with project and data management. |
| August 2010 - May 2015 | <i>Graduate Research Assistant.</i> Dr. Andrew Supple, HDFS, UNCG. Training in advanced statistical modeling (Structural Equation Modeling, Latent Class Analysis) using Mplus. Assisted with managing secondary datasets and analyses, writing and editing manuscripts, generating literature reviews, and examining immigrant and ethnic-minority adolescent development. |
| June 2014 | <i>Family Research Methodological Studies Award.</i> Center for Research on Families, University of Massachusetts–Amherst. Awarded funding to attend UMass workshop on analyzing developmental trajectories. |
| May 2014 - August 2014 | <i>Data Analyst.</i> Center for Youth, Family, and Community Partnerships, UNCG. Lead role in data management, data analysis, and writing the results section of a manuscript on a school-based intervention project. |
| August 2010 - May 2011 | <i>Graduate Research Assistant.</i> Family Life Project, PI: Cheryl Buehler, UNCG. Conducted data analyses (SEM) and lead author on a manuscript on adolescent social anxiety and loneliness. |

DATA COLLECTION/MANAGEMENT

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| May 2013 - May 2015 | <i>Graduate Research Assistant.</i> La Familia, UNCG, PIs: Gabriela Livas Stein, Lisa Kiang, Laura Gonzalez, and Andrew Supple. Assisted with survey building and data management, conducted home visits, and supervised implementation of assessment protocol. |
| May 2013 - August 2013 | <i>Project Coordinator.</i> Gratitude Project, UNCG, PI: Jonathan Tudge. Supervised and trained graduate and undergraduate students in interview and assessment protocol, led participant recruitment, conducted home visits, and transcribed qualitative interview data. |
| August 2011 – August 2013 | <i>Graduate Student Research Investigator.</i> Parent and Child Research Study, UNCG, PI: Esther Leerkes. Assisted with developing a survey to study emotion and racial socialization among college students and their parents, IRB documentation and approval, created online surveys using Qualtrics, led participant recruitment, and conducted data analyses. |
| May 2011 - August 2011 | <i>Adult Attachment Interview (AAI) Transcriber.</i> Triad Child Study, UNCG, PI: Esther Leerkes. |
| February 2008 - May 2010 | <i>Undergraduate Research Assistant.</i> The Adolescent Adjustment Project, University of Delaware, PI: Christine Ohannessian. Assisted with school-based data collection, data entry, and data analysis. |

TEACHING EXPERIENCE

- January – May 2016 Instructor of Developmental Psychology, Undergraduate (PSY 250).
- August 2015 – June 2016 Mentoring graduate students on thesis/dissertation analyses and manuscript development with specific consultation on method and analytic plan.
- August 2015 – June 2016 Delivering group training on basics (conceptual and applied) of Mplus and Structural Equation Modeling. Clinical Psychology Graduate Students, UNCG.
- May 2015 - June 2015 *Co-Instructor, Issues in Parenting (HDF 321 – 5-week, Online Course).* Assisted with course preparation, responding to students' questions and needs, and grading of weekly discussion board posts and final papers.
- January 2014 - May 2014 *Teaching Assistant, Adolescent Development (HDF 303).* Taught approximately half of the course lectures, responded to students' questions and needs via email and office hours, and assisted with development of course material (exams, PowerPoints, class activities) and grading.

EDUCATION AND NONPROFIT EXPERIENCE

- August - December 2009 *Guidance Counselor, Clinical Internship.* Serviam Girls Academy, New Castle, Delaware. Assisted with development of guidance counseling program for a nonprofit school.
- January - February 2009 *Teaching Assistant.* Sharon Primary School, St. Thomas, Barbados. Assisted teaching in 3rd grade classroom and developed lesson plans for solo-teaching in the special needs classroom.

RESEARCH INTERESTS

- Risk and resilience theoretical frameworks, cultural-ecological models of child development, and developmental science
- The impact of discrimination on children's developmental outcomes
- Ethnic and racial protective mechanisms
- Self-regulation
- Culturally-relevant stressors and coping processes
- Pathways to resilience
- Parent-child interactions
- Culturally-informed, school-based interventions that will promote children's academic, socioemotional, and behavioral developmental outcomes

PEER REVIEWED PUBLICATIONS

- Perry, N., Dunbar, A. S., **Cavanaugh, A. M.**, & Leerkes, E. M. (in press). Gender and ethnic differences in young adults' emotional reactions to parental punitive and minimizing emotion socialization practices. *Emerging Adulthood*.

- Dunbar, A. S., Perry, N., **Cavanaugh, A. M.**, & Leerkes, E. M. (in press). African American parents' racial and emotion socialization profiles and young adults' emotional adaptation. *Cultural Diversity and Ethnic Minority Psychology*, doi:10.1037/a0037546
- Perry, N., **Cavanaugh, A. M.**, Dunbar, A. S., & Leerkes, E. M. (2015). Maternal punitive reactions to children's negative emotions and young adult trait anger: The effect of gender and emotional closeness. *Marriage & Family Review*, 51, 229–245. doi:10.1080/01494929.2015.1031421.
- Cavanaugh, A. M.**, Supple, A. J., Stein, G. L., Helms, H., & Plunkett, S. (2015). Examining predictors of Mexican American adolescents' coping typologies: Maternal and paternal behaviors and adolescent gender. *Journal of Family Issues*. Advance online publication. doi: 10.1177/0192513X15580164
- Cavanaugh, A. M.**, & Buehler, C. (2015). Adolescent loneliness and social anxiety: Role of multiple support domains. *Journal of Social and Personal Relationships*. Advance online publication. doi: 10.1177/0265407514567837
- Leerkes, E. M., Supple, A. J., Su, J., & **Cavanaugh, A. M.** (2015). Links between remembered childhood emotion socialization and adult adjustment: Similarities and differences between European American and African American women. *Journal of Family Issues*, 36, 1854-1877. doi: 10.1177/0192513X13505567
- Helms, H. M., Supple, A. J., Su, J., Rodriguez, Y., **Cavanaugh, A. M.**, & Hengstebeck, N. (2014). Economic pressure, cultural adaptation stress, and marital quality among Mexican-origin couples. *Journal of Family Psychology*, 28, 77-87. doi: 10.1037/a0035738
- Supple, A. J., Graves, K., Daniel, S., Kiang, S., Su, J., & **Cavanaugh, A. M.** (2013). Ethnic, gender, and age differences in adolescent nonfatal suicidal behaviors. *Death Studies*, 37, 830-847. doi: 1080/07481187.2012.699909
- Supple, A. J., & **Cavanaugh, A. M.** (2012). Tiger mothering and Hmong American parent-adolescent relationships. *Asian American Journal of Psychology*, 4, 41-49. doi: 10.1037/a0031202

PUBLICATIONS UNDER REVIEW

- Cavanaugh, A. M.**, Stein, G. L., Plunkett, S., & Behnke, A. (revise and resubmit). Contextual stressors and Latino adolescents' adjustment. *Cultural Diversity & Ethnic Minority Psychology*.
- Cavanaugh, A. M.**, Stein, G. L., Supple, A. J., Gonzalez, L., & Kiang, L. (revise and resubmit). Counteracting the detrimental effects of discrimination: A cultural assets model. *Journal of Research on Adolescence*.
- Gonzalez, L. M., **Cavanaugh, A. M.**, Taylor, L. K., Stein, G. L., & Mayton, H. (under review). Latino adolescent college-going self-efficacy over time: A latent profile analysis.
- Ohannessian, C. M., **Cavanaugh, A. M.**, & Cheeseman, K. (under review). Gender and ethnic differences in anxiety disorders during adolescence.

Supple, A. J., **Cavanaugh, A. M.**, Kiang, L., Stein, G. L., & Wang, D. (under review). Comparing Asian American and European American adolescents' bullying typologies: A latent class analysis approach.

PUBLICATIONS IN PREPARATION

Cavanaugh, A. M., Stein, G. L., Supple, A. J., Kiang, L., & Gonzalez, L. M. (in preparation). Latino youths' experiences of discrimination in an emerging immigrant community: Profiles of peer discrimination across source.

Cavanaugh, A. M., Gonzalez, L. M., Stein, G. L. (in preparation). Developing a culturally relevant factor structure for Latino adolescents' coping: Examining the COPE Inventory.

Stein, G. L., **Cavanaugh, A. M.**, Castro-Schilo, L., & Mejia, Y. (in preparation). Family pride among Latino college students.

Kulish, A., **Cavanaugh, A. M.**, Stein, G. L., et al. (in preparation). Racial-ethnic socialization processes as important mechanisms in the associations between mother and child familism values, identity, and foreigner-based discrimination experiences.

Dennison, S., Daniel, S., Gruber, K., Mayfield, A., & **Cavanaugh, A. M.**, (in preparation). Evaluation of a leadership training group for at-risk students.

EXTRAMURAL GRANT APPLICATION (Reviewed as Revise and Resubmit)

Cavanaugh, A. M., Stein, G. L., Calkins, S., Castro-Schilo, L., & Neblett, E. Distinguishing risk mechanisms from peer and teacher discrimination to Mexican-origin youth's substance use: Identifying cultural, psychological, and physiological protective processes. NRSA F32 NIDA. \$162,642.00

POSTERS & PRESENTATIONS

Cavanaugh, A. M., Stein, G. L., Plunkett, S., & Behnke, A. (2016, March). *Contextual stressors and Latino adolescents' adjustment*. Paper presented at Society for Research on Adolescence, Baltimore, MD.

Stein, G. L., **Cavanaugh, A. M.**, Mejia, Y., Kiang, L., Gonzales, L., & Supple, A. J. (2016, March). *Foreigner-based discrimination and Latino cultural values as predictors of maternal racial-ethnic socialization in Latino mother and adolescent dyads*. Paper presented at Society for Research on Adolescence, Baltimore, MD.

Cavanaugh, A. M., Supple, A. J., & Stein, G. L. (2015, March). *Examining linkages among sources of racial-ethnic discrimination and Latino adolescents' psychosocial and academic outcomes: Are culturally-relevant factors protective?* Poster presented at Society for Research in Child Development, Philadelphia, PA.

Dunbar, A. S., **Cavanaugh, A. M.**, Supple, A. J., & Stein, G. L. (2015, March). *The unique effect of high school teacher discrimination on post high school educational attainment and the mediating role of GPA among African American Youth*. Poster presented at Society for Research in Child Development, Philadelphia, PA.

- Cavanaugh, A. M., Dunbar, A. S., Supple, A. J., & Stein, G. L.** (2014, March). *Ethnic Differences in Adolescent Bullying Typologies: Differential Exposure to Risk and Protective Factors among Asian American, Southeast Asian, and European American Adolescents*. Poster presented at Society for Research on Adolescence, Austin, TX.
- Cavanaugh, A. M., & Ohannessian, C. M.** (2014, March). *Problematic Parent-Adolescent Communication and Adolescent Coping Strategies: Pathways of Adolescents' Depressive Symptoms*. Poster presented at Society for Research on Adolescence, Austin, TX.
- Cavanaugh, A. M., Dunbar, A. S., Perry, N., & Leerkes, E. M.** (2013, April). *Examining Ethnic Differences in Mothers' Emotion Socialization Practices: The Role of Perceived Racism and Emotion Beliefs*. Poster presented at Society for Research in Child Development, Seattle, WA.
- Cavanaugh, A. M., Supple, A. J., & Plunkett, S.** (2013, April). *Examining Parenting Behaviors and Adolescent Gender as Predictors of Mexican American Adolescents' Coping Typologies*. Poster presented at Society for Research in Child Development, Seattle, WA.
- Dunbar, A. S., Perry, N., **Cavanaugh, A. M.**, & Leerkes, E. M. (2013, April). *African American Parents' Emotion Socialization and Adult Emotion Adaptation: The Moderating Effect of Racial Socialization*. Poster presented at Society for Research in Child Development, Seattle, WA.
- Perry, N., **Cavanaugh, A. M.**, Dunbar, A. S., & Leerkes, E. M. (2013, April). *Maternal Punitive Reactions to Children's Negative Emotions and Young Adult Anger: The Effect of Gender and Emotional Closeness*. Poster presented at Society for Research in Child Development, Seattle, WA.
- Cavanaugh, A. M., Buehler, C., & Su, J.** (2012, March). *Predicting Adolescent Loneliness and Social Anxiety: Examining Multiple Support Domains*. Poster presented at Society for Research on Adolescence, Vancouver, CAN.
- Helms, H. M., Supple, A. J., Su, J., Rodriguez, Y., **Cavanaugh, A. M.**, & Hengstebeck, N. (2012, November). *Economic Hardship, Acculturative Stress and Marital Quality among Mexican-Origin Couples: A Dyadic Approach*. Paper presented at National Council on Family Relations, Phoenix, AZ.
- Cavanaugh, A. M., Supple, A. J., & Plunkett, S.** (2011, November). *Parenting Behaviors, Mexican American Adolescents' Coping styles, and Gender*. Poster presented at National Conference on Family Relations, Orlando, FL.
- Cavanaugh, A. M., & Ohannessian, C. M.** (2011, October). *Parental Problem Drinking and Youth Internalizing Problems: The Moderating Effect of Peer Support*. Poster presented at Conference on Emerging Adulthood, Providence, RI.
- Cavanaugh, A. M., & Ohannessian, C. M.** (2010, March). *The relationship between coping and anxiety during adolescence: The importance of considering race/ethnicity and gender*. Poster presented at Society for Research on Adolescence, Philadelphia, PA.

Cavanaugh, A.M., Ohannessian, C. M., & Cheeseman, K. (2010, March). *Does anxiety vary by gender and/or race during adolescence?* Poster presented at Society for Research on Adolescence, Philadelphia, PA.

Cavanaugh, A. M., & Settles, B. (2009, October). *The role of grandparents in shaping memory and family values.* Paper presented at Building Strong Families Conference, Grantham, PA.

Cavanaugh, A. M., & Settles, B. (2009, June). *Replacing the porch with a screen: Developing a family identity and understanding of the past.* Paper presented at Committee for Family Research Conference, Oslo, Norway.

HONORS & AWARDS

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| 2015 | Outstanding Graduate Student, HDFS, UNCG |
| 2011-2012/2014-2015 | Ellen Hickman Scholarship, UNCG |
| 2013-2014 | Pauline Hester Green Hester and Brigadier General Hugh B. Hester Graduate Fellowship, UNCG |
| 2013-2014 | Esther F. Segner Scholarship, UNCG |
| 2012-2013 | Dr. Richard M. Klemer Graduate Scholarship, UNCG |
| 2012-2013 | Virginia Dysard Award, UNCG |
| 2010-2011 | Adelaide Fortune Holderness Graduate Fellows, UNCG |
| 2010 | Invited Commencement Speaker, College of Education and Human Development, University of Delaware |
| 2010 | Emalea P. Warner Award for the Most Outstanding Senior Female, University of Delaware |
| 2010 | The Catherine Bieber Scholarship for Academic Achievement and Leadership in Human Development and Family Studies, University of Delaware |
| 2009 | Donald W. Harward Fellows Award, University of Delaware |
| 2009 | Marty Sedwick Memorial Scholarship, Sedwick Scholarship Committee of Oldcastle Architectural, Akron, Ohio |
| 2009 | Amy Rextrew Award, Honor's College, University of Delaware |
| 2009 | Lila C. Murphy Award for Women's Equity and Leadership, University of Delaware |
| 2009 | Alumni Enrichment Award Recipient, University of Delaware |
| 2009 | Global Citizenship Scholar, University of Delaware |
| 2009 | Kappa Omicron Nu Scholarship, University of Delaware |
| 2008 | Undergraduate Summer Scholar, The Adolescent Adjustment Project, University of Delaware |

SERVICE ACTIVITIES

Department of Human Development and Family Studies

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| 2014-2015 | Web Committee Chair, UNCG |
| 2010-2014 | Master of Ceremonies (MC) for HDFS Graduation Ceremony |
| 2012-2014 | Chair and Vice Chair, Faculty-Student Liaison, UNCG |
| 2013-2014 | Diversity Committee Student Representative, UNCG |
| 2011-2012 | Mentoring Chair, UNCG |

School of Health and Human Services

2011-2012

President of Kappa Omicron Nu Honor Society, UNCG

Community

2008/2010-2013

Camp Dost Counselor (1-week summer camp for children with cancer),
Ronald McDonald House & Geisinger Medical Center, Millville, PA***PROFESSIONAL MEMBERSHIPS***

- Society for Research on Adolescence
- Society for Research in Child Development

Revised 8/28/16