

- Caring for Our Children: National Health and Safety Performance Standards, Guidelines for Out-of-Home Child Care Programs, 2<sup>nd</sup> Edition (a joint publication of the American Academy of Pediatrics, National Resource Center, and the American Public Health Association) <http://cfoc.nrckids.org/StandardView.cfm>
- The Changing Face of the United States: The Influence of Culture on Early Child Development [http://main.zerotothree.org/site/DocServer/Culture\\_book.pdf?docID=6921](http://main.zerotothree.org/site/DocServer/Culture_book.pdf?docID=6921)
- Child Development 101: The Difference Between Boys and Girls <http://www.first5la.org/articles/child-development-101-the-differences-between-boys-and-girls>
- Delaware Core Knowledge and Competencies for Early Childhood Professionals (Health, Safety, and Nutrition) [http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early\\_childhood\\_professionals/EC\\_CompenciesECEProf.pdf](http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early_childhood_professionals/EC_CompenciesECEProf.pdf)
- Delaware Early Learning Foundations: Infant/Toddler (Physical Development and Health) [http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early\\_childhood\\_professionals/elfinfanttoddler9-10.pdf](http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early_childhood_professionals/elfinfanttoddler9-10.pdf)
- Delaware Early Learning Foundations: Infant/Toddler in Spanish (Desarrollo físico y salud) [http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early\\_childhood\\_professionals/Infant%20Toddler%20Spanish%20ELF.pdf](http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early_childhood_professionals/Infant%20Toddler%20Spanish%20ELF.pdf)
- Delaware Early Learning Foundations: Preschool (Physical Development and Health) [http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early\\_childhood\\_professionals/elpreschool9-10.pdf](http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early_childhood_professionals/elpreschool9-10.pdf)
- Delaware Early Learning Foundations: Preschool (desarrollo físico y salud) [http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early\\_childhood\\_professionals/Pre-School%20Spanish%20ELF.pdf](http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early_childhood_professionals/Pre-School%20Spanish%20ELF.pdf)
- Delaware Health Education Standards [http://www.doe.k12.de.us/infosuites/staff/ci/content\\_areas/health.shtml](http://www.doe.k12.de.us/infosuites/staff/ci/content_areas/health.shtml)
- Delaware Physical Education Standards [http://www.doe.k12.de.us/infosuites/staff/ci/content\\_areas/phys\\_ed.shtml](http://www.doe.k12.de.us/infosuites/staff/ci/content_areas/phys_ed.shtml)
- Early Childhood Development: The Promise, the Problem, and the Path Forward <http://www.brookings.edu/research/articles/2013/11/25-early-childhood-development-atinc-gustafsson>
- The Effect of Poverty on Child Development and Educational Outcomes [http://digitalcommons.calpoly.edu/cgi/viewcontent.cgi?article=1002&context=psyacd\\_fac](http://digitalcommons.calpoly.edu/cgi/viewcontent.cgi?article=1002&context=psyacd_fac)
- The Foundations for School Readiness: Fostering Developmental Competence in the Earliest Years [http://eclkc.ohs.acf.hhs.gov/hslc/hs/resources/ECLKC\\_Bookstore/PDFs/TA6%5B1%5D.pdf](http://eclkc.ohs.acf.hhs.gov/hslc/hs/resources/ECLKC_Bookstore/PDFs/TA6%5B1%5D.pdf)
- The Foundations of Lifelong Health are Built in Early Childhood [http://developingchild.harvard.edu/index.php/resources/reports\\_and\\_working\\_papers/foundations-of-lifelong-health/](http://developingchild.harvard.edu/index.php/resources/reports_and_working_papers/foundations-of-lifelong-health/)
- Highlighting the Positive Development of Minority Children [http://www.srcc.org/sites/default/files/documents/washington/spr\\_brief\\_minority\\_children\\_2013\\_10\\_11.pdf](http://www.srcc.org/sites/default/files/documents/washington/spr_brief_minority_children_2013_10_11.pdf)
- National Association for Sport and Physical Education. (2009). Active Start: A Statement of Physical Activity Guidelines for Children From Birth to Age 5, 2nd Edition <http://www.aahperd.org/naspe/standards/nationalGuidelines/ActiveStart.cfm>
- National Association for the Education of Young Children (NAEYC). (2009). Position on developmentally appropriate practice. <http://www.naeyc.org/files/naeyc/file/positions/PSDAP.pdf>
- Positioning Young Black Boys for Educational Success <http://www.ets.org/Media/Research/pdf/PIC-PNV19n3.pdf>
- Prekindergarteners Left Behind: Expulsion Rates in State Prekindergarten Systems <http://www.plan4preschool.org/documents/pk-expulsion.pdf>
- Preventing Childhood Obesity in Early Care and Education Programs [http://cfoc.nrckids.org/StandardView/SpcCol/Preventing\\_Childhood\\_Obesity](http://cfoc.nrckids.org/StandardView/SpcCol/Preventing_Childhood_Obesity)
- Prevention of Child Abuse in Early Childhood Programs and the Responsibilities of Early Childhood Professionals to Prevent Child Abuse <http://www.naeyc.org/files/naeyc/file/positions/PSCHAB98.PDF>

### Texts

- Aronson, S. S. (Ed.). (2012). *Healthy young children: A manual for programs*, 5<sup>th</sup> ed. Washington, DC: NAEYC.
- Aronson, S. S., & Shope, T. R. (2008). *Managing infectious diseases in child care and schools: A quick reference guide*, 2<sup>nd</sup> ed. Washington, DC: NAEYC.
- Bruns, D. A., & Thompson, S. D. (2012). *Feeding challenges in young children: Strategies and specialized interventions for success*. Baltimore, MD: Brookes.
- Copple, C., & Bredekamp, S. (Eds.). (2009). *Developmentally appropriate practice in early childhood programs serving children from birth through age 8*. Washington, DC: National Association for the Education of Young Children (NAEYC).
- Marotz, L. R. (2009). *Health, safety, and nutrition for the young child*, 7<sup>th</sup> ed. Independence, KY: Cengage.
- Payne, V.G., & Isaacs, L.D. (2012). *Human motor development: A lifespan approach*, 8<sup>th</sup> ed. New York: McGraw-Hill.
- Rogoff, B. (2003). *The cultural nature of child development*. New York: Oxford University Press.
- Robertson, C. (2012). *Safety, nutrition, and health in early childhood*, 5<sup>th</sup> ed. Independence, KY: Cengage.

### Articles

- Child Hunger on the Rise and Causing Problems in the Classroom  
<http://www.care2.com/causes/child-hunger-on-the-rise-and-causing-problems-in-the-classroom.html#ixzz2dMJ6dorZ>
- Family Mealtimes Don't Predict Success in School  
[http://blogs.edweek.org/edweek/early\\_years/2013/07/family\\_mealtimes\\_dont\\_predict\\_success\\_in\\_school\\_study\\_states.html?utm\\_source=feedburner&utm\\_medium=email&utm\\_campaign=Feed%3A+EarlyYears+%28Early+Years%29](http://blogs.edweek.org/edweek/early_years/2013/07/family_mealtimes_dont_predict_success_in_school_study_states.html?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+EarlyYears+%28Early+Years%29)
- Food Insecurity <http://www.childrenshealthwatch.org/publication-category/action-briefs/>  
 Part 1: Too Hungry to Learn: Food Insecurity and School Readiness  
 Part 2: Feeding Our Human Capital: Food Insecurity and Tomorrow's Workforce
- How We Play—Cultural Determinants of Physical Activity in Young Children  
[http://www.aahperd.org/headstartbodystart/activityresources/upload/HowWePlay\\_LitReview.pdf](http://www.aahperd.org/headstartbodystart/activityresources/upload/HowWePlay_LitReview.pdf)
- The Motor-Cognitive Connection: Early Fine Motor Skills as an Indicator of Future Success  
<http://www.scilearn.com/blog/early-fine-motor-skills-cognitive-skills.php>
- Moving Bodies, Building Minds: Foster Preschoolers' Critical Thinking and Problem Solving Through Movement  
[http://www.naeyc.org/files/yc/file/201109/Moving%20Bodies\\_Russo\\_Marigliano\\_Online\\_0911.pdf](http://www.naeyc.org/files/yc/file/201109/Moving%20Bodies_Russo_Marigliano_Online_0911.pdf)  
 NEXT for Young Children (companion activities)  
<http://www.naeyc.org/files/yc/file/201109/NEXT%20YC0911.pdf>
- Natural Environments: A Letter From a Mother to Friends, Families, and Professionals.  
<http://yec.sagepub.com/content/5/3/21.full.pdf+html>
- Prevent Body Issues by Talking to Kids About Healthy Food, Not Weight  
<http://thinkprogress.org/health/2013/06/25/2211491/parents-body-image-childhood-obesity/>
- Preventing Childhood Obesity in Early Care and Education Programs  
[http://cfoc.nrckids.org/StandardView/SpcCol/Preventing\\_Childhood\\_Obesity](http://cfoc.nrckids.org/StandardView/SpcCol/Preventing_Childhood_Obesity)

Assessment of Normal Child Development (motor, language, fine motor, social) <http://pedsexam.mc.duke.edu/>  
 Baby Center (videos on pregnancy, birth, newborn, etc.) <http://www.babycenter.com/video>  
 The Biology of Prenatal Development (video series) [http://www.ehd.org/resources\\_bpd\\_illustrated.php](http://www.ehd.org/resources_bpd_illustrated.php)  
 Breast Feeding in the Child Care Setting <https://www.youtube.com/watch?v=Zz2ld5GQsno>  
 Child Development Videos  
<http://www.readyforschool.org/Resources-Scholarship/Parents/Child-Development-Videos>  
 Childhood Obesity in America <http://justthink.org/about/childhood-obesity-in-america/>  
 Clearing Your View (podcast) <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/Early%20Head%20Start/early-learning/assessment/ClearingYourVie.htm>  
 Clips for Class (video series) <http://clipsforclass.com/>  
 Clips for Practicing Observation, Documentation and Assessment Skills (video)  
<http://www.cde.state.co.us/resultsmatter/RMVideoSeries.htm#01>  
 The Developing Child Video Segments  
<http://www.pbs.org/wnet/humanspark/lessons/the-developing-child/video-segments/476/>  
 Developmentally Appropriate Practice <http://www.naeyc.org/dap>  
 Early Recognition of Child Development Problems (video)  
<http://www.youtube.com/watch?v=KrUNBfjilBk&noredirect=1>  
 Family Style Meals in the Child Care Setting (includes consideration of children who are culturally and ability diverse) [http://www.youtube.com/watch?v=nj\\_s89ydnBs&feature=player\\_embedded](http://www.youtube.com/watch?v=nj_s89ydnBs&feature=player_embedded)  
 Gonzalez-Mena, J. (1996). *Diversity: Contrasting perspectives*. Crystal Lake, IL: Magna Systems. (7 minutes)  
<http://learningseed.vidcaster.com/j7Dj/diversity-contrasting-perspectives/>  
 Hand Washing and Basic Health Considerations <http://www.youtube.com/watch?v=clKHWPW54jQ>  
 Henry Gets Around <http://www2.cde.state.co.us/media/resultsmatter/RMSeries/HenryGetsAround.asp>  
 How Nutrition and Physical Activity Affect Early Childhood Development  
<http://www.youtube.com/watch?v=Pp8Jwf1trH0>  
 Human Development Milestones (video) <http://www.youtube.com/watch?v=eqdKhtyn0i4&feature=related>  
 Infant Nutrition in the Child Care Setting <http://www.youtube.com/watch?v=55P4L3JlrJo>  
 Infant-Toddler Development, Screening, and Assessment (online module with activities)  
<http://www.zerotothree.org/public-policy/state-community-policy/nitcci/multidisciplinary-consultant-module-2.pdf>  
 Investment in Parks and Recreation is Necessary for Children's Health  
<http://www.nemours.org/content/dam/nemours/wwwv2/filebox/service/healthy-living/growuphealthy/nhps/policybrief/parksandrec.pdf>  
 Little Kids, Big Questions <http://www.zerotothree.org/about-us/funded-projects/parenting-resources/podcast/>  
 Most Popular Resources on Early Childhood Mental Health  
<http://www.zerotothree.org/child-development/early-childhood-mental-health/most-popular-resources-on.html>  
 Overview of Typical and Atypical Cognitive Development Birth Through Adolescence(PowerPoint)  
[http://www.nichd.nih.gov/vision/vision\\_themes/cognition/Documents/Nelson\\_Cognition\\_Workshop.pdf](http://www.nichd.nih.gov/vision/vision_themes/cognition/Documents/Nelson_Cognition_Workshop.pdf)  
 Pathways Awareness Foundation Motor Development Videos  
<http://www.youtube.com/user/PathwaysAwareness>  
 Physical Activity in the Child Care Setting <http://www.youtube.com/watch?v=F-mcKvLKNtk>  
 Piaget's Stages of Development (video series) <http://search.about.com/?q=piaget&SUName=video>  
 Play & Motor Development: A Multicultural Perspective <http://www.youtube.com/watch?v=ly6AxV1Tve8>  
 The Rules of Safe Sleep [http://www.dfps.state.tx.us/Room\\_to\\_Breathe/](http://www.dfps.state.tx.us/Room_to_Breathe/)  
 Safe Sleep [http://www.michigan.gov/dhs/0,4562,7-124-5453\\_7124\\_57836---,00.html](http://www.michigan.gov/dhs/0,4562,7-124-5453_7124_57836---,00.html)  
 Safe Sleep for Your Baby <http://www.youtube.com/watch?v=29sLucYtvpA>

### Audiovisual Resources

- The Science of Early Childhood Development  
[http://developingchild.harvard.edu/index.php/resources/multimedia/videos/inbrief\\_series/inbrief\\_science\\_of\\_ecd/](http://developingchild.harvard.edu/index.php/resources/multimedia/videos/inbrief_series/inbrief_science_of_ecd/)
- Three Core Concepts in Early Development <http://developingchild.harvard.edu/resources/multimedia/videos/TummyTime>  
[https://www.youtube.com/watch?v=A49xH\\_9x5ts&list=PL\\_cZR66Kfa2inexg9H8Xmh9CaKYJ1CNUk&index=6](https://www.youtube.com/watch?v=A49xH_9x5ts&list=PL_cZR66Kfa2inexg9H8Xmh9CaKYJ1CNUk&index=6)
- University of Northern Iowa Empowering Preschool Quality  
<http://www.uni.edu/coe/regentsctr/epq/search> (to view clips online)  
<http://www.uni.edu/coe/regentsctr/epq/dvd-order-form> (to order free DVDs)
- Using Video for Really Watching  
[http://www.cde.state.co.us/resultsmatter/RMVideoSeries\\_EarlyIntervention.htm#top](http://www.cde.state.co.us/resultsmatter/RMVideoSeries_EarlyIntervention.htm#top)
- Video Library (physical development, environment/environmental hazards, play, child abuse/maltreatment)  
<http://www.ecetp.pdp.albany.edu/videolibrary.shtm>
- Well Fed: Nourishing Our Children for a Lifetime <http://www.youtube.com/watch?v=wH2pJRIy0-U>
- The Whole Child Development Guide: Early School Years (4-8)  
<http://cache.lego.com/upload/contentTemplating/ParentsChildDevelopment/otherfiles/2057/uploadDF1454F4-DED5-4B71-AAF2-05557D80CA04.pdf>
- Women and Children’s Health Network Web Pages on Child Development (3 years, etc.)  
<http://www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=122&id=1963>

### Web Resources

- Ages and Stages for Caregivers Fact Sheets (1-4 months, etc.) <http://ohioline.osu.edu/asc-fact/>
- Alignment of the Delaware Early Learning Foundations for School Success With The Creative Curriculum For Preschool and the Goals and Objectives of The Creative Curriculum Developmental Continuum for Ages 3-5  
[http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early\\_childhood\\_professionals/Delaware\\_Alignment.pdf](http://www.dieec.udel.edu/sites/dieec.udel.edu/files/pdfs/early_childhood_professionals/Delaware_Alignment.pdf)
- Allergies and Food Sensitivities <http://fnic.nal.usda.gov/diet-and-disease/allergies-and-food-sensitivities>
- American Academy of Pediatrics/Healthy Children.org  
<http://www.healthychildren.org/english/Pages/default.aspx>  
**(NOTE: If asked for a username and password, click CANCEL and you’ll be redirected to the site)**
- Brain Development [http://main.zerotothree.org/site/PageServer?pagename=key\\_brain](http://main.zerotothree.org/site/PageServer?pagename=key_brain)
- Caring for Children with HIV or AIDS in Child Care  
<http://www.childcarelaw.org/docs/caringforchildrenwithhivoraid.pdf>
- Center on Everyday Child Language Learning <http://www.cecll.org/>
- Centers for Disease Control and Prevention <http://www.cdc.gov/>
- Child Development <http://www.cdc.gov/ncbddd/childdevelopment/index.html>
- Child Development <http://www.pbs.org/parents/child-development/>
- Developmental and Behavioral Screening Initiative  
<http://www.acf.hhs.gov/programs/ecd/news/developmental-and-behavioral-screening-initiative>
- Education and Training on Feeding Your Children (EAT) <http://ehs.siu.edu/eat/>
- Foundation for Child Development <http://fcd-us.org/>
- From Playpen to Playground—The Importance of Physical Play for the Motor Development of Young Children  
[http://www.aahperd.org/headstartbodystart/activityresources/upload/BenefitsOfPlay\\_AnnoBib.pdf](http://www.aahperd.org/headstartbodystart/activityresources/upload/BenefitsOfPlay_AnnoBib.pdf)
- Games for Growing: Teaching Your Baby With Early Learning Games  
<http://www.researchtopractice.info/productSolutionsGG.php>
- Grow It, Try It, Like It! Preschool Fun With Fruits and Vegetables  
[http://www.fns.usda.gov/tn/Resources/growit.html?utm\\_source=BUILD+ECE+News%2C+November+27%2C+2013&utm\\_campaign=Build+news&utm\\_medium=email](http://www.fns.usda.gov/tn/Resources/growit.html?utm_source=BUILD+ECE+News%2C+November+27%2C+2013&utm_campaign=Build+news&utm_medium=email)

- Health Tips for Families Series <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/center/health-literacy-family-engagement/family-education/tipsheetfamily.htm>
- Healthy Child Care America <http://www.healthychildcare.org/>
- Healthy Eating for Preschoolers <http://www.nal.usda.gov/wicworks/Topics/Preschooler.pdf>
- Healthy From the Start: How Feeding Nurtures Your Young Child’s Body, Heart and Mind  
[http://www.zerotothree.org/child-development/health-nutrition/health\\_eng.pdf](http://www.zerotothree.org/child-development/health-nutrition/health_eng.pdf) (English)  
[http://www.zerotothree.org/child-development/health-nutrition/health\\_sp.pdf](http://www.zerotothree.org/child-development/health-nutrition/health_sp.pdf) (Spanish)
- Heartland Equity and Inclusion Project: Health, Safety and Nutrition in Early Childhood  
<http://www.heartland.edu/heip/faculty/chld202.jsp>
- KidsHealth [http://kidshealth.org/parent/kh\\_misc/nemours.html](http://kidshealth.org/parent/kh_misc/nemours.html)
- Learn about Fine Motor Skills and How to Improve Them  
<http://learningdisabilities.about.com/od/df/p/finemotorskills.htm>
- Let’s Move <http://www.healthykidshealthyfuture.org/>
- Early Care and Education Learning Collaboratives  
<http://www.healthykidshealthyfuture.org/home/collaborate/ecelcproject.html>
  - Healthy Eating <http://www.healthykidshealthyfuture.org/home/nutrition.html>
  - Physical Activities <http://www.healthykidshealthyfuture.org/home/activities.html>
- Most Popular Resources on Health and Nutrition  
<http://www.zerotothree.org/child-development/health-nutrition/professional-resources-on.html>
- Motor Delays: Early Identification and Evaluation  
<http://pediatrics.aappublications.org/content/early/2013/05/22/peds.2013-1056.abstract> (abstract)  
<http://pediatrics.aappublications.org/content/early/2013/05/22/peds.2013-1056.full.pdf+html> (full article)
- National Center on Health <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health>
- National Center for Physical Development and Outdoor Play <http://www.aahperd.org/headstartbodystart/>
- National Resource Center for Health and Safety in Child Care and Education <http://nrckids.org/>
- A-Z Child Care Information Links <http://nrckids.org/index.cfm/resources/a-z-child-care-information-links1/>
  - Checklist for Assessing Health and Safety in Child Care Programs  
[http://nrckids.org/default/assets/File/Stepping%20Stones%203rd%20Ed%20Compliance\\_Comparison%20Checklist\\_booklet%20Final.pdf](http://nrckids.org/default/assets/File/Stepping%20Stones%203rd%20Ed%20Compliance_Comparison%20Checklist_booklet%20Final.pdf)
  - Oral Health in Child Care and Early Education <http://cfoc.nrckids.org/StandardView/SpcCol/Oral-Health>
- The Negative Effects of Instability on Child Development: Fact Sheet  
<http://www.urban.org/UploadedPDF/412908-The-Negative-Effects-of-Instability-on-Child-Development.pdf>
- New Strategies to Improve Food Marketing to Children  
[http://www.rwjf.org/en/about-rwjf/newsroom/newsroom-content/2013/09/strategies-to-improve-food-marketing-to-children.html?cid=XEM\\_A7540](http://www.rwjf.org/en/about-rwjf/newsroom/newsroom-content/2013/09/strategies-to-improve-food-marketing-to-children.html?cid=XEM_A7540)
- Nutrition & Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program  
<http://www.teamnutrition.usda.gov/Resources/nutritionandwellness.html>
- Preventing Childhood Obesity in Early Care and Education Programs  
[http://cfoc.nrckids.org/StandardView/SpcCol/Preventing\\_Childhood\\_Obesity](http://cfoc.nrckids.org/StandardView/SpcCol/Preventing_Childhood_Obesity)
- Raising Boys and Girls: Differences in Physical Development  
[http://www.babycenter.com/0\\_raising-boys-and-girls-differences-in-physical-development\\_3659011.bc](http://www.babycenter.com/0_raising-boys-and-girls-differences-in-physical-development_3659011.bc)
- Recipes for Healthy Kids [http://www.teamnutrition.usda.gov/Resources/recipes\\_for\\_healthy\\_kids.html](http://www.teamnutrition.usda.gov/Resources/recipes_for_healthy_kids.html)
- Recommended Child Care Health and Safety Resources  
<http://www.healthychildcare.org/pdf/health&safetyresources.pdf>

Resources on Health and Safety in Early Child Care

[http://www.naeyc.org/files/naeyc/Resources\\_Health\\_Safety\\_ECC.pdf](http://www.naeyc.org/files/naeyc/Resources_Health_Safety_ECC.pdf)

Safe Sleep Practices and SIDS/Suffocation Risk Reduction

[http://cfoc.nrckids.org/StandardView/SpCol/Safe\\_sleep](http://cfoc.nrckids.org/StandardView/SpCol/Safe_sleep)

Safe to Sleep Public Information Campaign Materials <http://www.nichd.nih.gov/sts/Pages/default.aspx>

Safe Kids Worldwide <http://www.safekids.org/>

Sanitation Policies and Procedures <http://cfoc.nrckids.org/StandardView/9.2.3.10>

Supporting Growth and Development of Babies in Child Care: What Does the Research Say

<http://main.zerotothree.org/site/DocServer/ChildCareResearchBrief.pdf?docID=3542>

Supporting Outdoor Play and Exploration for Infants and Toddlers

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/docs/ehs-ta-paper-14-outdoor-play.pdf>

Time to Act: Investing in the Health of Our Children and Communities

[http://www.rwjf.org/content/dam/farm/reports/reports/2014/rwjf409002/subassets/rwjf409002\\_1](http://www.rwjf.org/content/dam/farm/reports/reports/2014/rwjf409002/subassets/rwjf409002_1) (summary)

<http://www.rwjf.org/content/dam/farm/reports/reports/2014/rwjf409002> (full report)

Twelve principles of child development and learning that inform practice

<http://www.naeyc.org/dap/12-principles-of-child-development>

US Consumer Product Safety Commission <http://www.cpsc.gov/>

US Department of Agriculture

- Center for Nutrition Policy and Promotion <http://www.cnpp.usda.gov/>
- Choose My Plate <http://www.choosemyplate.gov/>
- Child and Adult Care Food Program <http://www.fns.usda.gov/cnd/care/>

Women and Children's Health Network Web Pages on Child Development (0-3 months, etc.)

<http://www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=122&id=1963>