

Free Resources about Gender

Do No Harm: Creating Welcoming and Inclusive Environments for Lesbian, Gay, Bisexual, and Transgender (LGBT) Families in Early Childhood Settings

<http://www.returntooursenses.com/wp-content/uploads/2014/08/Do-No-Harm-Lee-Klinger-Lesser.pdf>

This article offers practical strategies for supporting young children whose family members are LGBT.

Gender Identity and Expression in the Early Childhood Classroom: Influences on Development Within Sociocultural Contexts

<https://www.naeyc.org/resources/pubs/yc/jul2016/gender-identity>

Author/teacher Jamie Solomon's article shares highlights from projects that addressed three research questions: 1) How can I offer a curriculum that provides children with more opportunities for acting outside of traditional gender roles? 2) How can I encourage and support children who wish to behave outside of traditional gender roles? And 3) How can I foster increasingly flexible thinking about gender among 4- and 5-year-old children?

Gender Spectrum <https://www.genderspectrum.org/resources/>

The "resources" section of this website offers information and insights, how-to guides, research, training materials, and other tools to create gender inclusive environments in homes, offices, and communities.

Healthy Gender Development and Young Children from the National Center on Parent, Family, and Community Engagement <https://eclkc.ohs.acf.hhs.gov/publication/healthy-gender-development-young-children>

This is a very readable and informative resource.

How Can I Prevent Gender Bias? <https://www.adl.org/sites/default/files/documents/assets/pdf/education-outreach/How-Can-I-Prevent-Gender-Bias.pdf>

This resource from the Anti-Defamation League highlights a variety of measures adults can take to create fair and gender equitable environments for young children.

Supporting and Caring for Transgender Children

http://assets.hrc.org/files/documents/SupportingCaringforTransChildren.pdf?_ga=2.262682959.291440414.1500155397-2083149848.1500155397

This guide is designed for anyone who knows a transgender or gender-expansive child, plans to write about children who transition, or simply wants to learn more. It reviews what medical and education experts know about transgender children, explores some myths about gender transition in childhood, and offers suggestions for adults with a transgender child life.

Why Does Gender Matter? Counteracting Stereotypes with Young Children

https://www.southernearlychildhood.org/upload/pdf/Why_Does_Gender_Matter_Counteracting_Stereotypes_With_Young_Children_Olaiya_E_Aina_and_Petronella_A_Cameron.pdf

This article explores how young children's experiences with gender biases affect their development and opportunities for leading successful lives and what can teachers do to counteract these stereotypes.

From the American Academy of Pediatrics Healthy Children website

- Gender identify Development in Children <https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Identity-and-Gender-Confusion-In-Children.aspx>
- Gender-Diverse & Transgender Children <https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Diverse-Transgender-Children.aspx>
- Parenting a Gender-Diverse Child: Hard Questions Answered <https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Parenting-a-Gender-Diverse-Child-Hard-Questions-Answered.aspx> (also available in Spanish)
- Ensuring Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents <https://pediatrics.aappublications.org/content/142/4/e20182162>

Annotated Bibliography of Children's Books about Gender Diversity

<http://outsupport.org/wp-content/uploads/2017/04/Annotated-Booklist-Childrens.pdf>

What Makes A Baby is a children's book that explains how babies are made by discussing the actual biological process, without gendering that biological process, assuming that a child's parents were directly involved in that biological process. The author keeps it friendly for adopted children, parents who used IVF or surrogacy, etc. and without getting inappropriately sexual for a young child/classroom context. There's also a [free reader's guide](#), which gives further information on how we can navigate these conversations with or without the book in hand.