**Race and Racism Resources[[1]](#footnote-1)**

**10 Children’s Books About Racism and Activism to Help Parents Educate Their Children**

[**https://www.huffpost.com/entry/10-anti-racism-books-parents-explain-black-lives-matter\_l\_5ed593d3c5b6db4977a17841**](https://www.huffpost.com/entry/10-anti-racism-books-parents-explain-black-lives-matter_l_5ed593d3c5b6db4977a17841)

Talking with children about topics like racism and police brutality is never easy, but putting off conversations about privilege and racism does not work. This resource offers both guidance about how to choreograph heavy conversations that yield long term benefits.

**10 Ways Teachers Can Fight Racism and Teach Tolerance** [**https://www.weareteachers.com/teachers-fight-racism/**](https://www.weareteachers.com/teachers-fight-racism/)

This article offers ten thoughtful and doable ways in which teacher can fight racism and teach tolerance, with links to resources in each category. There are several sets focused on children (e.g., birth-Grade 1, K-Grade 5) and a set for adults focused exclusively on understanding and disrupting anti-black racism.

**Equity and Culturally Responsive Resources**

[**https://www.bankstreet.edu/our-work-with-schools-and-communities/bank-street-education-center/center-on-culture-race-equity/resources/**](https://www.bankstreet.edu/our-work-with-schools-and-communities/bank-street-education-center/center-on-culture-race-equity/resources/)

Several of the virtual and online resource collections from the Bank Street Center on Culture, Race & Equity focus on issues of race and racism.

**Books Matter**

[**https://www.adl.org/education-and-resources/resources-for-educators-parents-families/childrens-literature**](https://www.adl.org/education-and-resources/resources-for-educators-parents-families/childrens-literature)

This website from the Anti-Defamation League offers a searchable collection of children’s books on issues of identity, bias, and bullying. Featured books come with discussion guides for teachers and family members.

**Books to Help Explain Racism and Protest to Children**

[**https://www.nytimes.com/2020/06/02/parenting/kids-books-racism-protest.html?fbclid=IwAR0PV-RdH7p5n-Z4rpT5b06R\_eMASsXl2FwYiGij565\_VXbinfPHlZSZJrk**](https://www.nytimes.com/2020/06/02/parenting/kids-books-racism-protest.html?fbclid=IwAR0PV-RdH7p5n-Z4rpT5b06R_eMASsXl2FwYiGij565_VXbinfPHlZSZJrk)

This article from the New York Times provides guidance and when, why, and how to structure thoughtful conversations with children. This is followed by specific book suggestions for ages 0-3, 3-5, 5-8, 9-12, and over 12.

**Our Children, Our Workforce: Why We Must Talk About Race and Racism in Early Childhood Education**

[**https://ccie-catalog.s3.amazonaws.com/library/5024950.pdf**](https://ccie-catalog.s3.amazonaws.com/library/5024950.pdf)

The title says it all, then the article shares why and how to do it.

**Race, Identity and Kids’ Conversations**

[**https://positiveparentingnews.org/news-reports/race-identity-and-kids-conversations/**](https://positiveparentingnews.org/news-reports/race-identity-and-kids-conversations/) (video in English or Spanish)

[**https://www.colorlines.com/articles/study-most-parents-dont-talk-their-kids-about-race**](https://www.colorlines.com/articles/study-most-parents-dont-talk-their-kids-about-race)(summary of research findings)

A recent study from Sesame Workshop and NORC at the University of Chicago revealed that the kids might not be all right after all: only a quarter (28 percent) of parents in America say that they “sometimes” talk to their children about their race and ethnicity, and a mere 10 percent of parents do it “often.” Families of color are much more likely to talk to their kids about identity than their white counterparts.

**Race Today: What Kids Know As They Grow**

[**http://modules.ilabs.uw.edu/module/race-today-what-kids-know-as-they-grow/**](http://modules.ilabs.uw.edu/module/race-today-what-kids-know-as-they-grow/)

This I-LABS module, written by Dr. Onnie Rogers, explores content that is essential to developing the ability of young children to understand race. Using the stories of children and evidence-based information related to race, inequities, and identity, this set of integrated materials (slides, audio, video) provides thoughtful and succinct content. The materials in this module were designed to be completed in 45-60 minutes. A discussion guide offers points of navigation through the content (e.g., key points, recommended stopping points), and references, a one-page brief, and related resources are listed.

**Racing Towards Equality: Why Talking To Your Kids About Race Is Good For Everyone**

[**http://modules.ilabs.uw.edu/module/racing-towards-equality-why-talking-to-your-kids-about-race-is-good-for-everyone/**](http://modules.ilabs.uw.edu/module/racing-towards-equality-why-talking-to-your-kids-about-race-is-good-for-everyone/)

This I-LABS module, written by Dr. Onnie Rogers, explains why it’s important to talk with young children about race, and offers thoughtful strategies for how to do that. Using evidence-based information and examples, this set of integrated materials (slides, audio, video) provides thoughtful and succinct content. The materials in this module were designed to be completed in 45-60 minutes. A discussion guide offers points of navigation through the content (e.g., key points, recommended stopping points), and references, a one-page brief, and related resources are listed.

**Racism and Violence: Using Your Power as a Parent to Support Children Aged Two to Five**

[**https://www.zerotothree.org/resources/1598-racism-and-violence-using-your-power-as-a-parent-to-support-children-aged-two-to-five**](https://www.zerotothree.org/resources/1598-racism-and-violence-using-your-power-as-a-parent-to-support-children-aged-two-to-five)

This resource provides thoughts and guidelines for talking about the complex issues of racism and equality in age-appropriate ways with children aged two to five years of age. Available in English and Spanish.

**Resources to Support Children’s Emotional Well-Being Amid Anti-Black Racism, Racial Violence, and Trauma**

[**https://www.childtrends.org/publications/resources-to-support-childrens-emotional-well-being-amid-anti-black-racism-racial-violence-and-trauma**](https://www.childtrends.org/publications/resources-to-support-childrens-emotional-well-being-amid-anti-black-racism-racial-violence-and-trauma)

Child Trends has assembled guidance for having effective conversations with children about race. Additional resources at this site include books and resources for children organized by age, resources for parents and other caregivers, and resource compilations.

**Talking About Racism and Violence with Students: Resources for Educators**

[**https://www.colorincolorado.org/talking-about-racism-and-violence-students-resources-educators?utm\_source=Twitter&utm\_medium=Hootsuite&utm\_campaign=CCSocialMedia**](https://www.colorincolorado.org/talking-about-racism-and-violence-students-resources-educators?utm_source=Twitter&utm_medium=Hootsuite&utm_campaign=CCSocialMedia)

This website offers a collection of resources to promote deeper understanding around the issues of racism and violence. They also can contribute to a discussion of these topics with colleagues and students. Resources are sorted by topics: being sensitive to trauma, talking about current events, talking about violence, teaching about race, racism, and violence, resources for families, and recommended readings.

**Talking to Children about Race and Racism: Tips and Resources for Parents, Staff, and Children**

[**https://hsicc.cmail19.com/t/ViewEmail/j/1CD7577116F82D192540EF23F30FEDED/A9A8C031E9108EA4F6A1C87C670A6B9F**](https://hsicc.cmail19.com/t/ViewEmail/j/1CD7577116F82D192540EF23F30FEDED/A9A8C031E9108EA4F6A1C87C670A6B9F)

This annotated collection of free resources was compiled by the Office of Head Start. It includes resources for talking with children (web resources and toolkits, articles, videos, and podcasts), children’s books that address race, racism, and diversity, and resources for advancing racial equity in early childhood education.

**Talking to Kids About Racism, Early and Often**

[**https://www.nytimes.com/2020/06/03/parenting/kids-books-racism.html**](https://www.nytimes.com/2020/06/03/parenting/kids-books-racism.html)

For families who are wondering how to talk about the deaths and unrest with their children, how to keep the conversation about race and racism going when we’re not in a moment of national outrage, and how to make sure all children see black people as heroes in a wide range of their own stories, this article offers ideas and options.

**We Just Can’t Go Back to “Normal”: Research-Based Resources to Help you Teach, Talk, and Learn About Structural Racism**

[**https://group.sagepub.com/blog/we-cant-just-go-back-to-normal-research-based-resources-to-help-you-teach-talk-and-learn-about-structural-racism**](https://group.sagepub.com/blog/we-cant-just-go-back-to-normal-research-based-resources-to-help-you-teach-talk-and-learn-about-structural-racism)

This website offers free resources for supporting meaningful conversations, teaching, and engaging others around issues related to racism. Examples range from articles and toolkits to videos and discussion questions.

1. Compiled by Camille Catlett in June 2020. Yellow highlighting indicates resources that are available in English and Spanish. [↑](#footnote-ref-1)