**Additional Resources for Supporting Social and Emotional Development Through Playful Learning**

**Articles**

**Promoting social and emotional learning in preschool**

This article illustrates the important ways in which we as teachers set the stage for this kind of learning to occur

DeMeulenaere, M. (2015). Promoting social and emotional learning in preschool. *Dimensions of Early Childhood, 43*(1), pp 8-10. [**https://www.southernearlychildhood.org/upload/pdf/DeMeulenaere\_43\_1.pdf**](https://www.southernearlychildhood.org/upload/pdf/DeMeulenaere_43_1.pdf)

**The economics of inequality: The value of early childhood education.**

Heckman offers a perspective of the importance of the building and development of non-cognitive skills in early childhood and the connection to shaping the future thinkers of the world.

Heckman, J. J. (2011). The economics of inequality: The value of early childhood education. *American Educator*, *35*(1), 31. <https://files.eric.ed.gov/fulltext/EJ920516.pdf>

**Promoting Young Children’s Social and Emotional Health**

This offers background information and suggested activities for supporting young children in the classroom.

Ho, J. & Funk, S. (2018). Promoting young children’s social and emotional health. *Young Children, 73*(1). [**https://www.naeyc.org/resources/pubs/yc/mar2018/promoting-social-and-emotional-health#activities**](https://www.naeyc.org/resources/pubs/yc/mar2018/promoting-social-and-emotional-health#activities)

**Encouraging Social Skill Development through Play in Early Childhood Special Education Classrooms**

Information about how to scaffold play within the various stages of play and really helpful guide on scaffolding play with peers.

Jamison, K. R., Forston, L. D., & Stanton-Chapman, T. L. (2012). Encouraging social skill development through play in early childhood special education classrooms. *Young Exceptional Children*, *15*(2), 3-19. <https://journals.sagepub.com/doi/pdf/10.1177/1096250611435422>

**Assessing and Scaffolding Make-Believe Play**

Using the PROPELs tool to examine and scaffold dramatic play to help children move toward higher levels of play.

Leong, D. J., & Bodrova, E. (2012). Assessing and scaffolding make-believe play. *Young Children, 29*, 28-34. [**http://www.imagineeducation.com.au/files/CHCECE018022/1.pdf**](http://www.imagineeducation.com.au/files/CHCECE018022/1.pdf)

**The Importance of Pleasure in Play**

Children learn best when they are having fun and “play, more than any other activity, fuels healthy development of children (Perry, 2001, p. 24)

Perry, B. D. (2001). The importance of pleasure in play. *Early childhood today*, *15*(7), 24-25. <https://www.researchgate.net/profile/Bruce_Perry3/publication/265039996_The_Importance_of_Pleasure_in_Play/links/56722ac908ae3aa2fcedda4b.pdf>

**Can Play Develop Social Skills?**

This article offers strategies to teach young children of all abilities social skills during play.

Szumski, G., Smogorzewska, J., & Karwowski, M. (2016). Can play develop social skills? The effects of ‘Play Time/Social Time’programme implementation. *International Journal of Developmental Disabilities*, *62*(1), 41-50. <https://southernearlychildhood.org/upload/pdf/Social_Skills_Laying_the_Foundation_for_Success_Sharon_A_Lynch_and_Cynthia_G_Simpson_Volume_38_Issue_2_1.pdf>

**Role of Play in Social Skills and Intelligence of Children**

“Play for child is a way for making the social communication, a way for solving the problems, a possibility for development of fancy and creativeness and a method for reducing the anxiety; because play is itself a kind of defending mechanism” (Tahmores, 2011, p. 2273).

Tahmores, A. (2011). Role of Play in Social Skills and Intelligence of Children. Procedia – Social and Behavioral Sciences, 30, pp 2272-2279. https://doi.org/10.1016/j.sbspro.2011.10.444

<https://www.sciencedirect.com/science/article/pii/S1877042811022695>

**Observing Young Children’s Rough and Tumble Play**

This research offers an understanding of children’s behaviors around rough and tumble play.

Tannock, M. (2011). Observing young children's rough-and-tumble play. *Australasian Journal of Early Childhood*, *36*(2), 13-20.

<https://journals.sagepub.com/doi/pdf/10.1177/183693911103600203>

**Other print resources**

**Fostering Healthy Social and Emotional Development in Young Children**

This is a great quick reference tip sheet for working with infants through preschoolers. It separates social and emotional development rather than lumping them together. It is published by the U.S. Department of Education.

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-teachers.pdf>

**The Power of Play**

Comprehensive research summary on play and learning from the Minnesota Children’s Museum with a really nice section on the social and emotional benefits of play.

White, R. E. (2012). The power of play: A research summary on play and learning. *Rochester: Minnesota Children's Museum*. <https://www.childrensmuseums.org/images/MCMResearchSummary.pdf>

**Learning Through Play a Review of the Evidence**

There is an informative section of the interconnectedness of play and development.

Zosh, J. N., Hopkins, E. J., Jensen, H., Liu, C., Neale, D., Hirsh-Pasek, K., ... & Whitebread, D. (2017). *Learning through play: a review of the evidence*. LEGO Foundation. <https://www.legofoundation.com/media/1063/learning-through-play_web.pdf>

**Online Resources**

**Encyclopedia on Early Childhood Development**

This is a project form the Centre of Excellence for Early Childhood Development supported by the Universite Laval and Universite de Montreal.

<http://www.child-encyclopedia.com/peer-relations/introduction/playing-others-important>

**Videos**

**Nurturing Preschool Children’s Emotional Health Through Active Play**

A resource from Eastern Connecticut University

<https://www.youtube.com/watch?v=CKUfraBmjy8>

**The role of play in the Overly-Academic Classroom**

This video from KaboomPlay and the Gesell Institute illustrates the importance of play for children and the many ways play contributes to development.

<https://earlychildhoodny.org/newswatch/must-watch-a-new-video-about-the-importance-of-play/>

**Websites**

**The Australian Parenting Website**

A website with amazing parenting resources supported by the Australian Government.

<https://raisingchildren.net.au/toddlers/connecting-communicating/communicating/talking-play-toddlers>

**Pathways**

Great resources, lots on infants and Toddlers all supported by the American Academy of Pediatrics

<https://pathways.org/blog/kids-learn-play-6-stages-play-development/>

**Zero to Three**

A membership organization with extensive resourced devoted to supporting the development of infants and toddlers

<https://www.zerotothree.org/resources/series/featured-resources>