

# **Theory of Change**

Masterminds help create resonant ECE leaders with strong EQ skills and ECE leaders with strong EQ skills have a positive impact on the programs and staff they oversee

Developed by Dr. Kristie Pretti-Frontczak and hosted by the Colorado Department of Education under the leadership of Marcia Blum

## **Strategies**

to achieve change

## Outcomes

Ultimate goals

## **Program**: **Masterminds** for ECE Leaders

- Curate groups who go through an application and interview process; must agree and sign pledge before beginning
- Schedule minimum of 6 sessions that are 2 hours in length; each session has a clear purpose, structure and flow
- Assign facilitator(s) to keep track of time, ensure adherence to touchstones, to document action steps, and to record notes for those in the hot seat
- Use Google SITE as an online community for participants to network and for everyone to share resources before, during and after sessions
- Participants set goals and session-by-session action plans

#### CO ECE Leaders

Increase in EQ skills of participants

Increase in ability to ask honest open questions Facilitator rating of ability to ask questions

Ability to take action on plans Goal tracking by facilitator(s)

Engage in contemplative practices Contemplative Tree Measure

#### **CDE Facilitators**

Ability to run a session as outlined in the guidebook

Ability to coach and support through asking honest open questions as needed

Ability to summarize hot seat notes based upon primary question, discourse, and own reflections of the situation

Ability to provide timely inspiration and support

Implementation Fidelity Checklist

Ability to build community between cohort members

#### **CO ECE Leaders**

1. Met individual goal for participating 2. Strengthened leadership skills Participant exit survey Pre post DEC Leadership survey

- 3. Increased social-emotional health and well-being
  - Qualitative review of checkins
- 4. Learned from other ECE leaders Participant exit survey
- 5. Established a strong social network to draw upon
- 6. Increased sense of value within program/district Participant exit survey
- 7. Increased sense of decision-making authority

## **State Level Facilitators**

Sustainability of CDE staff to offer Masterminds as part of ongoing PD for CO ECE leaders

Stakeholder survey

### **Program/District**

- Increased ability to support staff by reducing stressors and strengthening capacity to teach critical skills (Program/District survey)
- Increased ability to raise issues and be a critical player in the K-3 or K-12 landscape (Follow-up
- ECE is given greater resource allocation (Follow-up survey)

## **Moderators**

Presence or absence of supportive services

- Facilitator's skills
- Length of Mastermind and sessions
- Session by-session flow
- Use of honest open questioning
- Cohort size and attendance
- Cohort makeup (how they were curated) and skills
- How long it takes for the adult brain to learn a new skill •
  - State/Program/Agency/District culture, policies, and/or
- procedures

Targets What about Masterminds achieves effective professional development for ECE leaders?

**Program actions designed**